

## TERMINALIA ARJUNA

### PROVING CONDUCTED AT

- A. Regional Research Institute (H),  
New Delhi (1991-1992)  
B. Drug Proving Research Unit,  
Calcutta (1991-92)

**POTENCIES USED** : Mother Tincture  
**NO. OF PROVERS** Total 14 Male 11 Female 04

### PROVER'S LIST

#### R.R.I.(H), New Delhi

Name	Age	Sex
1. Dr. Vijay Kumar	23	M
2. Miss Anita Nanda	25	F
3. Dr. Hari Singh	41	M
4. Dr. (Mrs.) Lina	23	F (Dropped)
5. Mr. Amit Kumar	19	M
6. Mr. M. Grover	25	M

#### Proving Staff

1. Dr. Hari Singh Research Officer Incharge  
2. Dr. Subhash Arora Research Asstt.  
(till Oct., 92)  
3. Dr. (Mrs.) Sangeeta Sr. Research Fellow  
(till Oct., 92)  
4. Dr. (Miss) Anita Nanda Jr. Research Fellow

#### Consultants

1. Dr. M.M. Gogiani General Physician  
2. Dr. Manjeet Singh Psychiatrist  
3. Dr. D.N. Aggarwal ENT specialist  
4. Dr. Ramji Gupta Dermatologist  
5. Dr. I. Das Gupta Ophthalmologist  
6. Dr. Varsha Satvik Pathologist

#### Provers

#### D.P.R.U. Calcutta.

Name	Age	Sex
1. Mr. Ashim Kr. Baidhya	27	M
2. Mr. Asraf Ur Rehman	20	M
3. Mr. Bhabatosh Kr. Das	26	M
4. Miss Chandravati Bhar	22	F
5. Mr. K.K. Ghosh	23	M
6. Mr. Subrata Das	23	M
7. Miss Shila Manna	18	F
8. Mr. Villaskar	25	M
9. Mr. Himachal Banerjee	26	M

10. Miss Soma Debnath 25 F

#### Proving Staff

1. Dr. B.N. Dutta Research Officer Incharge  
2. Dr. (Mrs) Sakti Das Research Officer

#### Consultants

1. Dr. S.K. Nayak Psychiatrist  
2. Dr. N.K. Mookherjee Cardiologist  
3. Dr. P.C. Ghosh Ophthalmologist  
4. Dr. Tarun Palit ENT specialist  
5. Dr. P.K. Mookherjee Gynaecologist  
6. Dr. Satadal Das Pathologist

### Pathogenesis

- Mind** Freeness of mind, likes to go around with company  
Cheerful even pain during  
Desire to be alone  
Indisposed to work  
Home-sickness heat during
- Head** Pain in whole head  
Dull pain in left side of head  
< lying down, bending head backward.  
extending to left hand, left leg & down the spine  
Pain in forehead & vertex < fanning with bodyache  
Dull aching pain in left parietal region  
< motion, noise, talking, after sleep, lying down, extending to forehead  
Pain in occipital region  
pressing type > open air with fever  
Pain right temple pointing towards right eyeball with desire for sleep & indisposed to work  
Small reddish boil with pus pointed tip over forehead, painful to touch
- Eyes** Burning in eyes\* with itching  
> scratching, cold water application
- Nose** Coryza preceded by sore throat, headache & bodyache

\* Symptoms found in the Drugs of Hindoosthan

	<p>Coryza with painful hoarseness of voice</p> <p>Coryza with discharge thick white like white of an egg or albumin, with dry tongue &amp; thirst increased</p> <p>Sneezing with watery discharge &gt; -in cool place with heaviness of head, anorexia and slight flatulence with eructations</p>				
<b>Mouth</b>	<p>Increase salivation at night</p> <p>Sour taste</p> <p>Aphthae over tongue with pain &gt; holding cold water in the mouth</p> <p>Dryness of mouth*</p>				
<b>Stomach</b>	<p>Appetite increased at night</p> <p>Desire for warm drinks at night</p> <p>Pain in stomach &lt; after eating, &gt; after 8.30 p.m.</p> <p>Pain in stomach &lt; motion, night &gt; lying down with thirstlessness &amp; appetite decreased</p> <p>Sensation of fullness in stomach</p> <p>Empty feeling in stomach</p> <p>Thirst increased &lt; night</p> <p>Thirst for cold water &amp; juicy things</p>				
<b>Abdomen</b>	<p>Gripping pain in abdomen &gt; passing stool</p> <p>Pain right lumbar region &gt; rubbing, rest, lying down with thirst increased &amp; lips dry</p> <p>Pain left hypochondriac region &gt; passing stool</p> <p>Pain in abdomen &lt; after milk</p> <p>Heaviness in right iliac region with increased appetite &amp; thirst</p> <p>Pain colicky in spot below umbilicus &lt; walking with feeling of giddiness and desire to lie down</p>				
<b>Rectum</b>	<p>Diarrhoea early morning with rumbling and gurgling sound in abdomen with flatus</p> <p>Diarrhoea -stools 3-4 times a day, undigested, loose, yellowish &amp; ineffectual urging with pain in abdomen &lt; before stool &amp; &gt; passing stool (after rich fatty diet)</p> <p>Diarrhoea after milk with loose stool and</p>				
					<p>much mucus. Pain in abdomen before, during and after stool</p> <p>Stool-loose, sour smelling, 3-4 times a day with much prostration &amp; thirst, appetite increased.</p>
		<b>Respiratory System</b>			<p>Dry cough with pain in chest while coughing</p> <p>Cough with rattling in chest with desire to take warm drinks. Expectoration-profuse, greenish and sweetish in taste.</p> <p>Expectoration scanty white &lt; after warm drink</p>
		<b>Chest</b>			<p>Pain right side</p>
		<b>Back</b>			<p>Pain stitching back- 11th &amp; 12th rib region with tenderness at the spot &lt; movement, &gt; lying on back &lt; turning, bending, stepping &gt; rest &amp; sitting</p> <p>Backache-aching, pain small of back &gt; pressure, after carriage riding</p> <p>Swelling at middle of spine, tenderness to touch</p>
		<b>Extremities</b>			<p>Pain lumbo-sacral region &gt; lying down</p> <p>Pain right hip &amp; lower part of right popliteal fossa</p> <p>Numbness of left big toe</p> <p>Pain in left leg &gt; pressure &lt; night with weakness &amp; sleeplessness</p> <p>Pain right elbow-aching pain &lt; raising the arm &gt; pressure</p> <p>Eruptions over hips, papular turning to itching &lt; night, lying down with discharge of whitish sticky fluid</p> <p>Pain &amp; swelling in nail bed of right index finger-pulsating pain with suppuration</p> <p>Pimpular eruptions over ankle, blackish pigmentation afterwards</p> <p>Eruptions in crops over arms &amp; legs. Itching &gt; after scratching &lt; morning, evening (parasitic infection according to dermatologist)</p>
		<b>Skin</b>			<p>Bright red eruptions all over body with violent itching but no relief by scratching</p> <p>Eruptions leave dark brownish pigmentation</p> <p>Urticarial rash all over body, itching violent &gt; cold application, scratching</p>

**Fever**      Fever-high with desire to be fanned with increased frequency of urination  
  
Fever with sudden rise of temperature with restlessness & thirst increased (after getting wet in rain with coryza & cough)

**Sleep**      Dreams of snakes  
**Generafities**      Desire for cool place  
Weakness with loss of appetite  
Bodyache after cold bath < evening with headache

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"The invisible, morbid mutation in man's internal and the change in condition perceptible to our senses in the external (the complex of symptoms), form before the eyes of creative Omnipotence what we call disease; *but only the totality of the symptoms is the side of the disease, which is turned to the disciple of healing; only this is perceptible and is the main thing which he can know about the disease, and what he needs to know for the purpose of cure*".

Samuel Hahnemann,  
*Organon of Healing*  
Aph.6, Fourth Ed.

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