

UNCOMMON USES OF COMMON REMEDIES THROUGH BOGER BOENNINGHAUSEN'S REPERTORY*

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An ounce of practice is worth more than a ton of theoretical explanation. Readers will see from the following few cases how Boger Boenninghausen's Repertory (BBR) helped me to cure these cases. It can do so for you too.

CASE NO. 1

A girl came to me with inflammation of ear lobules on wearing any earring except the ones made of gold. I took rubrics (i) skin easily inflamed (pg. 956) and (ii) ear lobules (pg. 349). I got from these two rubrics, Baryta carbonicum very prominently. This cured the case in no time.

CASE NO. 2

A case of high fever. On examination it was found that patient had offensive odour from the mouth. Rubric 'Heat and Fever' concomitant, mouth, foeter from Arnica alone with two marks (p. 1067). This cured the case.

CASE NO. 3

I had a case of recurrent large boils on the left leg which had not responded to antibiotics. I took the following rubrics:

1. Boils large recurring (pg. 945).
2. Left lower extremities (pg. 842).
3. Leg (pg. 843).

From this, Lycopodium emerged which cured the case.

CASE NO. 4

I have treated many cases of stitching pain in external chest. These cases showed no response to Bryonia or Kali carb, but responded to Nux vom. The rubric is chest, external stitching, stitches etc. Only two remedies are given with 5 marks: Nux vom. and Aconite. There being no other indications for Aconite, Nux-vom was prescribed.

CASE NO. 5

A patient came with pain in loose teeth. On pg. 423

of BBR the rubric "teeth loose" shows only Hyos. with 5 marks and HYOS relieved.

CASE NO. 6

Stiffness of right elbow responded to Kali carb guided by the rubric Stiffness Elbow (829). Kali carb is the only remedy with four marks in the rubric.

CASE NO. 7

Diarrhoea in teething children: I have found that Arg. nit. works wonderfully in the case of diarrhoea in teething children, where Merc sol, Merc-cor., Cham., Sulphur, have failed. Rubric is: "Stool, Green, grass as; Arg. n is one of three remedies (p. 587).

CASE NO. 8

I had a strange case of a patient who had troublesome eructations after eating, but only at night. The case did not respond to China, Lyco etc. Then I took rubric, "eructations aggravated at night" (493) and found that the most prominent remedy was Psorinum. The response to PSORINUM was very prompt.

CASE NO. 9

Chronic eczema, weeping type—The eczema was in flexures of both the elbow joints. It did not respond to Graphites and Sulphur and other remedies, but yielded quickly to Cup. met. guided by "Eruptions eczema, Elbow joint, flexures of". Cuprum was the only remedy (817).

Please do not conclude that 2 or 3 symptoms are enough in several cases. In chronic cases detailed case taking would guide totally. But I have still given these cases in order to focus light on repertory, particularly Boger-Boenninghausen's repertory. Remedies which would never occur to our mind in some cases would emerge from a mere glance at the repertory and would give most dramatic results.

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