

Drug Proving

Bellis perennis

(A compiled data of proving conducted under CCRH)

Introduction

A proving of *Bellis perennis* was conducted in 1915, by Department of Materia Medica of the College of Homoeopathic Medicine in the Ohio state University, Columbus. Dr. Albert E. Hinsdale, Professor of Materia Medica, supervised it. The proving was reported in Edward Pollock Anshutz's *New, Old and Forgotten Remedies*. Tincture prepared from whole fresh plant was used in this proving. It is mentioned "No attempt was made to obtain symptoms by giving any of the different attenuations of the remedy". It was observed that *Bellis perennis* does not appear to vitiate the secretions of the body nor does it cause pathological tissue changes. The remedy is not therefore "deep acting" drug and it is important to note that the dose may be as high as a half drachm of the tincture and still be sub-physiological, therefore homoeopathic. The CCRH reprovved *Bellis perennis* in three potencies 6,30,200 (in descending order) to come up with the drug picture and compare with the previous proving.

Botanical name : *Bellis perennis* Linn.¹

Family (Natural order) : Asteraceae¹

Common name : *English* : Daisy¹

Description

A perennial herb, 1-2 meter in height; leaves fleshy forming a basal tuft, spatulate or obovate, 2.5-5 cm. long, narrowed into margined petioles, slightly toothed, pubescent; Heads solitary 2.5-5 cm. across on hairy peduncles; involucre bracts oblong, obtuse hairy; rays numerous, linear, white or rose coloured, wholly or partly red and often incurved or reflexed or quilled. Root stock short, fibrous stout.¹

Proving conducted at

- A. Drug Proving Research Unit (H), Midnapore, (W.B.)
- B. Drug Proving Research Unit (H), Ghaziabad (U.P.)
- C. Drug Proving Research Unit (H), Kolkata, (W.B)

Period of Proving

1999-2000, & 2001-2002

Potencies proved

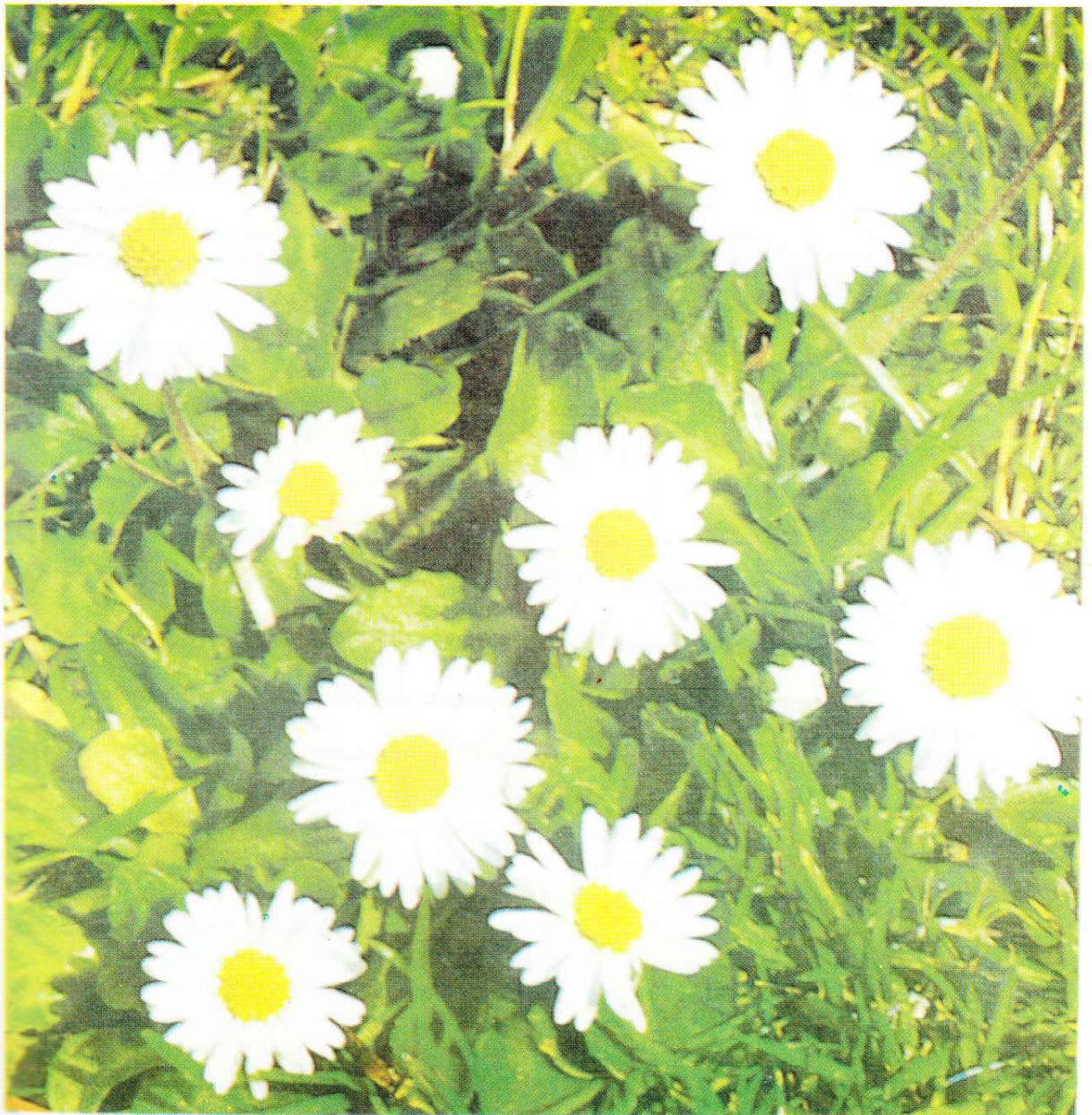
6,30,200 (in descending order)

Source of Drug

Hahnemann Publishing Company, Kolkata (W.B.)

Drug Proving: Details of Participants

S.No.	Name of the Unit	Provers participated			Investigators	Hony. consultants
		No.	Age group	Sex M/F		
1	Drug Proving Research Unit (H), Midnapore, (West Bengal)	5	19-24 years	M-4 F-1	Dr. P.C.Mal R.O.(H) Dr. A. K. Bhakat ARO(H)	Dr. R.Patra -General Physician Dr. Ashis Acharya - Psychiatrist Dr. M.M.Mondal - Ophthalmologist Dr. Sumitrs Saha - E.N.T. Specialist Dr. (Mrs) K.Mondal - Gynaecologist Dr. M.B.Dey - Dermatologist Dr. A.K.Dey - Radiologist
2	Drug Proving Research Unit (H), Ghaziabad (U.P.)	8	18-41 years	M-4 F-4	Dr. R.K.Roy -R.O.(H) Dr. Swatantra Prakash -ARO(H) Dr. Anand Prakash -RO(Path) Dr. Yogendra Rai -ARO(H)	Dr. Anil K. Bansal - Neuro-Psychiatrist Dr. S.K.Malhotra - General Physician Dr. P.K.Jain - Ophthalmologist Dr. V.R.Mittal - E.N.T. Specialist Dr. Atul Aggarwal - Dermatologist Dr. Suresh Prakash - Radiologist Dr. (Mrs) Prem Kapoor - Gynaecologist
3	Drug Proving Research Unit (H), Kolkata, (West Bengal)	8	19-26 years	M-5 F-3	Dr. K.C.Sarkar -RO(H) Dr. (Mrs) Shakti Dey - RO (H) Dr. B.K.Mondal - RO (H)	Dr. D.K.Barui - General Physician and Cardiologist Dr. S.K.Nayak - Psychiatrist Dr. Ashok Mandal - Ophthalmologist Dr. Tarun K. Palit - E.N.T. Specialist Dr. S.D.Mahapatra - Gynaecologist Dr. Satdal Das - Pathologist Dr. Das Gupta - X-Ray



Bellis perennis

Symptoms observed

The symptoms observed in proving / found in literature are superscripted with numbers which refer to the references at the end of proving report.

Head	Dull throbbing pain in right occiput ³ to temporal region, worse by moving head better by pressure (200/2)
	Heaviness of head, better by smoking, sweating on forehead, (200/1)
	Throbbing pain in forehead with heaviness in both eye lids (30/1)
	Severe bursting pain on vertex, better by massage, pressure (30/1)
	Drowsiness with throbbing headache, worse evening (30/1)
	Aching pain in back of head, extends to left side, better by lying down and rest (30/1)
Vertigo	Vertigo ³ on getting up from the bed in morning, also in evening, with profound weakness (30/1)
Eyes	Itching with burning sensation in corners of right eye, no lachrymation; redness, worse in sun light, by rubbing, hot air and better by cold water, closing eyes, in cool place (30/1)
	Swelling of right upper eye lid, irritation, itching and redness (30/1)
	Papular eruptions on lateral side of both upper eye lids ² (200/1)
Mouth	Throbbing pain in lower jaw, worse on chewing (30/1)
	Water brash after meal (200/1)
	Papular eruptions on upper lip ² (200/1)
Nose	Yellow thick, stringy discharge from nose, feels blocked, worse evening at 6 pm, with heaviness of head (200/4)
	Dryness & soreness of nose with blockage of left nostril and the side on which lying down (200/1)
	Severe sneezing with dribbling of water, excoriating, worse morning, cold water, better after noon, hot application (30/1)
	Coryza and watery discharge from nose with sneezing (30/1)
Throat	Dull aching pain in throat, worse by empty swallowing (200/4)
	Irritation in throat with burning sensation, better by sip of water (30/1)
	Dryness, soreness of throat, exciting cough, amel. by drinking water, eating, covering neck (200/1)
Stomach	Acidity worse morning and evening (30/1)
	Nausea in morning, on empty stomach, better after eating (30/1)
	Vomiting of watery foam like matter; appetite less (200/1)
	Nausea worse morning and evening (200/1)
Abdomen	Gripping pain in lower abdomen, worse early in the morning (30/1)
Stool	Loose stool ³ with mucus and low fever (30/1)
	Loose stool ³ with dullness of mind and body (6/1)
Cough	Dry cough with irritation in throat, in morning, cold, better by sip of water (30/1)
	Cough with chest pain (30/1)
General	Laziness, prostrated with desire to sleep, better as the day progresses (30/1)

In the parenthesis **numerator** denotes potency of the drug proved & **denominator** denotes number of provers on which the symptoms observed.

References

1. *Homoeopathic Pharmacopoea of India*, Govt. of India, vol. 1:pp 75.
2. Anshutz Edward Pollock. *New, Old And Forgotten Remedies*, Calcutta, Roy publishing House, 1961:pp 54.
3. Boericke William, *Pocket Manual of Homoeopathic Materia Medica & Repertory*, Jain publishing company, New Delhi, 1997:pp 115.