

Clinical Verification

Embelia ribes

(Clinically verified symptoms)

Botanical Name *Embelia ribes* Burm. f.¹

Family Myrsinaceae¹

Common Name

Hindi - Baberang¹

Marathi - Karkannic

Tamil - Vayuvilamgan

Bengali - Biranga

Sanskrit - Vidanga

Introduction

Dr. S.C. Ghose of West Bengal conducted short proving of this drug on few provers and mentioned it in Drugs of Hindoosthan.

The CCRH undertook separate proving of *Embelia ribes* in the year 1994 at D.P.R.U, Calcutta and RRI, New Delhi. Proving pathogenesis of *Embelia ribes* thus evolved was put to Clinical Verification.

Distribution

Throughtout India.

Part used for preparation of Homoeopathic medicine

Dried fruits.¹

Description

It is large scandent shrub; branches long, slender, flexible, terate with long internodes; the bark studded with lenticels. Leaves coriaceous, 5-9 by 2-3.8 cm, elliptic or elliptic-lanceolate, shortly and obtusely acuminate, entire, glabrous on both sides, shining above, paler and somewhat silvery beneath, the whole surface covered with

minute reddish sunken glands ; base rounded; petioles 6-16 mm long, glabrous; Flowers pentamerous, numerous, small in lax, paniced racemes which are terminal and from the upper axils; branches of the penicle 7.5-10 cm. long, bracts minute, Calyx about 1.25 mm long, sepals connate. Petals 5, greenish yellow, free, 4 m long, elliptic, sub-obtuse; Stamens 5, shorter than petals; Fruits are spherical about 4 mm in diameter, vary in colour from red to nearly black; warty, shortly pedicillate, with a persistent calyx. The pericarp is brittle and encloses a reddish seed, which is covered with thin membrane; on removing this, the seed is covered with light spots. Seed is depressed at the base and has a horny and slightly ruminated endosperm¹.

Source of drug

Hahnemann Publishing Company Pvt. Ltd., Kolkata

Period of study: April 1984- March 2003

Potencies used: Q, 6, 30, 200

Number of cases studied: 3019

Clinical Verification conducted at

- A. Regional Research Institute (H), New Delhi
- B. Homoeopathic Research Institute, Lucknow (U.P.)
- C. Homoeopathic Research Institute. Jaipur (Rajasthan)
- D. Clinical Research Unit, Jammu (J&K)
- E. Clinical Verification Unit, Ghaziabad (U.P.)
- F. Clinical Verification Unit, Patna (Bihar)
- G. Clinical Verification Unit, Vrindavan (U.P.)

Clinically verified Symptoms observed during the study

Location	Symptom	No. of patients	
		prescribed	relieved
Mind	Morose, fretful ²	152	142
	Irritable ^{2,4}	352	284
	Anxiety ^N & restlessness ²	40	23
	Screaming at night <during sleep ^N	3	3
Head	Bursting headache in forehead with heaviness of head ^N	4	4
	Premature gray hair ^N	2	2
Face	Whitish patches on face ^N	131	131
Nose	Coryza with thin nasal discharge ⁵	33	13
	Pricking & itching sensation in nostrils ²	557	500
	Susceptible to cold ^N	2	2
Mouth	Grinding of teeth at night in sleep ^{2,3,4}	1348	856
	- with excessive salivation ^N	332	257
	- <in sleep at night ^N	112	112
	Offensive breath ^N	3	3
	Tongue coated white ^N	4	4
	Tongue dry ⁴	53	41
Stomach	Loss of appetite ⁵	319	190
	Ravenous hunger ^{2,3}	654	378
	Craving for sweet ^N	71	60
	Craving for indigestible articles ^N	69	23
	Acidity with heartburn ^N	3	3
	- with sour eructations ^N	2	2
	Desire for eating clay ^N	1	1
	Nausea tendency ³	122	117
	Vomiting after eating & drinking ^N	3	3
Abdomen	Cramping pain in abdomen around navel ⁵	663	312
	- Intermittent in nature ⁵	42	30
	- >after stool ⁵	163	54
	- <after eating ⁴	386	197
	- >by passing flatus ⁴	151	44
	Flatulence ⁵	772	708
	- With distension of abdomen ⁴	35	35
	- >By passing flatus ⁴	740	685
	Distension of abdomen with pain < eating > passing flatus ⁴	40	33
	Dyspepsia & pain in abdomen ^{2,5}	3	3



Embelia ribes



Embelia ribes *Burm.*

Location	Symptom	No. of patients	
		prescribed	relieved
	Pain in abdomen (in umbilical region) with loose stool with worms- pin worms ^{2,3}	510	477
	- <Evening, <before stool >eating after ^N	5	4
	- >after stool, worms passes in stool ^{3,4}	494	490
Rectum	Constipation ⁵	82	52
	- with hard stool ⁵	43	23
	- with irregular stool ⁵	6	6
	- with pricking in nose ⁵	2	2
	Loose stool ^{3,5}	1004	794
	- yellow offensive stool ⁴	65	53
	- <after eating ^N	640	640
	- with mucus & undigested food material in stool ^{2,3}	772	684
	Worms pass in stool ^{2,4}	372	226
	- with itching in rectum ^{2,3,4}	7	7
	- with boring in nostrils ⁴	2	2
	- with acidity ^N	3	3
	Pin worms pass in stool ^{2,3}	417	346
	Alternate constipation & diarrhea ^N	18	13
	Unsatisfactory stool- first hard then soft ^{2,3}	10	8
	Stools sticky ^{2,3}	2	2
	Itching in rectum at night during sleep with crawling sensation due to pin worms ^{2,3}	868	756
Bladder	Bed wetting ^{2,3,4}	295	144
	- < at night in sleep ⁴	92	61
	- urine passes unconsciously ^N	2	2
	urine frequent with burning micturation ^N	8	8
Respiration	Dry cough ⁵	31	12
	- with scanty expectoration & coryza <night ^N	24	6
	thick white expectoration ^N	4	4
Sleep	Shrieks during sleep ^{2,3}	148	131
Extremities	Pain in legs <at night ^N	7	6
Back	pain in lumbar region <movement ^N	3	3
Genitalia male	Night emissions ^N	98	75
Skin	Blackish eruptions, itching around umbilicus ^N	2	2
	Skin eruptions between fingers with itching ^N	3	3
Fever	Fever <morning ^{2,3}	53	44
Generalities	General weakness ^N	3	3

Observation

Note:

- i) The symptoms superscribed with a particular number (1,2,3,4,) are found in the literature, as well as clinically verified by CCRH.
- ii) New symptoms superscribed (N) observed only during the course of clinical verification study, but not found in the literature.

The picture, given below is drawn from the data obtained during the course of clinical verification study. To make the data more reliable, those symptoms found relieved in more than 30 patients, after the use of the medicine, are only incorporated in the following drug picture.

- ◆ Morose, fretful ²
- ◆ Irritable ^{2,4}
- ◆ Whitish patches on face ^N
- ◆ Coryza with thin nasal discharge ⁵
- ◆ Pricking & itching sensation in nostrils²
- ◆ Grinding of teeth at night in sleep^{2,3,4}
- ◆ Grinding of teeth at night in sleep with excessive salivation ^N
- ◆ Loss of appetite ⁵
- ◆ Ravenous hunger ^{2,3}
- ◆ Craving for indigestible articles^N, sweet^N
- ◆ Nausea ³
- ◆ Cramping pain in abdomen around naval ⁵, Intermittent ⁵, <after eating ⁴, >after passing stool ⁵, passing flatus⁴
- ◆ Flatulence⁵ with distension of abdomen > passing flatus ⁴

- ◆ Pain in abdomen (in umbilical region) with loose stool & pin worms^{2,3} > after passing stool ^{3,4}
- ◆ Constipation - hard stool ⁵
- ◆ Loose stool ^{3,5} -yellow, offensive ⁴ with mucus & undigested food material in stool^{2,3}
- ◆ Loose stool <after eating ^N
- ◆ Pin worms pass in stool ^{2,3} after taking medicine
- ◆ Itching in rectum at night during sleep with crawling sensation due to pin worms^{2,3}
- ◆ Bed wetting ^{2,3,4}< at night during sleep⁴
- ◆ Shrieks during sleep^{2,3}
- ◆ Night emissions ^N
- ◆ Fever <morning^{2,3}

Conclusion

Clinical conditions

Intestinal worms, Diarrhoea, Flatulence,

Prescribing Symptoms

- ◆ Irritable
- ◆ Morose, fretful
- ◆ Whitish patches on face
- ◆ Pricking & itching sensation in nostrils
- ◆ Grinding of teeth at night during sleep with excessive salivation
- ◆ Craving for sweets
- ◆ Nausea

- + Flatulence with distension of abdomen > passing flatus
- + Pain in abdomen (in umbilical region) with loose stool & pin worms >after passing stool
- + Loose stool with mucus & undigested food material <after eating
- + Itching in rectum at night, during sleep & crawling sensation due to pin worms
- + Shrieks during sleep
- + Night emission

References

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2. Boericke William. *Pocket Manual of Homoeopathic, Materia Media & Repertory*, B. Jain publishing company, New Delhi, (1997): pp 1059
3. Ghose Sarat Chandra. *Drugs of Hindoosthan*. Hahnemann Publishing Company Pvt. Ltd., (1980): pp 148
4. *CCRH Quarterly Bulletin, Vol. 9 (1&2)*, (1987): pp 8
5. *CCRH Quarterly Bulletin, Vol. 17 (3&4)*, (1995): pp 8