

MIASMATIC TREATMENT OF TYPHOID FEVER

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Of the acute diseases, Homœopathy can legitimately claim marked success in the treatment and cure of Typhoid fever. My experience in daily practice warrants me to say with confidence that Homœopathic treatment when properly done can shorten the course of the disease. Belief is common with many a practitioner in Homœopathy that acute diseases should be treated with acute remedies and chronic diseases with chronic remedies. Such practitioners lose sight of the fact that acute diseases are nothing but the acute manifestation of psora and Master Hahnemann advocates Chronic Miasmatic treatment even in acute diseases. They fail to observe that susceptibility to disease is not removed without Chronic Miasmatic treatment. In the early days of my practice when I was ignorant of the efficiency of Chronic Miasmatic treatment, Typhoid cases under my treatment lingered on indefinitely, whereas by Chronic Miasmatic treatment, the course has been shortened even in cases with serious complications of brain, lungs and intestine. It is seen that many physicians often hesitate to prescribe chronic remedies in acute cases. They hold the view that acute cases should first be managed with acute remedies and then chronic remedies may be applied to round off the course of treatment. But let me remind them of our master's advice that chronic remedies act like acute remedies in acute cases. It is also noticed that acute remedies act as a palliative and after repeated palliations the disease progresses insidiously to such an extent and with such complications that the administrations of chronic remedies become dangerous when, sometimes, the life of the patient is at stake.

So our treatment should be based on miasms, especially on sycotic basis. Typhoid fever is of sycotic origin. But, why is it called sycotic? Typhoid fever is also called enteric. If we look at the pathological changes in a Typhoid patient, we see

that there is marked inflammation in the Peyers' patches in the small intestine. On clinical examination, we find there is marked pain and sensitiveness in the right iliac region. Pain and sensitiveness are the characteristics of sycosis (?). Now, if we look at the onset of Typhoid fever, it is insidious. No body knows when the sycotic symptoms will develop. With slow and insidious onset, it rapidly develops a violent character. Similar is the case with Typhoid fever. During the first week the temperature is not high and other clinical symptoms are not severe. In the second week the temperature becomes steady and all the symptoms of the first week are aggravated. The third week is the dangerous period when all the severe and fatal complications like diarrhoea, hæmorrhage, perforation, etc. develop. These serious complications arise as a result of sycosis and we all know that sycosis does not manifest itself without the help of psora (?). Likewise, without the other two miasms psora cannot suddenly prove fatal. Thus it appears that if at the very outset, we can prescribe the sycotic remedy and do away with the evils of sycosis, psora fails to find an opportunity to make the mischief as prominently as in combination with the others. Vaccinosis, which is another name for sycosis, often becomes a causation factor of Typhoid. Now-a-days every one is vaccinated almost every year, and vaccination, especially its bad effects, make the patient more susceptible to innumerable acute diseases of which Typhoid fever is the foremost. On the other hand, our master recommends vaccination very highly : "This seems to be the reason for the beneficial remarkable fact, namely, that since the general distribution of Jenner Cow Pox vaccination, human small pox never again appeared as epidemically or virulently as forty or fifty years ago."

But it is not the vaccination which is harmful, but its bad effect, vaccinosis, which affects the vital force as deeply as Psora, Sycosis and Syphilis. This vaccinosis develops in a person, if vaccination is given when psora remains in an excited condition ; so we see that vaccinosis does not develop in every constitution. The modern Allopathic physicians boast of vaccination as a great discovery of the modern age. The Allopathic practitioners proclaim that modern science has overcome

the greatest enemies of mankind like small-pox, cholera, typhoid fever, etc. But it is absurd that the vaccination, which prevents such virulent diseases, is innocuous and can do no harm to the vital force. If we look at the people of the modern age, we find how susceptible they are to innumerable acute and chronic diseases, and especially to Typhoid fever, which is so prevalent that very few are immune from it. If we observe the mental side of modern people, they are also found to be of sycotic origin. Today, they are of mean and low mentality, and are very shrewd, selfish and suspicious. They will try to suppress their real nature and will indulge in falsehood. Not a few of them are damned liars. Their minds are occupied with designs against their neighbours and they are extremely revengeful.

Now I am going to discuss the Chronic remedies first and then the acute remedies, as chronic remedies are more effective than the acute ones. Reasons have been discussed in the introductory chapter.

Chronic Remedies :

1. *Thuja* :—At the present age *Thuja* becomes a regal remedy in any and every case, especially when sycosis is on the upper hand and vaccination is so prevalent. As typhoid fever is of sycotic origin, it is natural that *Thuja* should be one of the prominent remedies. *Thuja* is generally indicated in persons with the family history of asthma, chronic bronchitis, rheumatism, gout, gonorrhœa, etc.

As for the symptoms, temperature is generally worse in the early hours of the morning, at about 3 A.M., and in the afternoon at about 3 P.M. There is marked aching in the limbs. Temperature and all the symptoms are aggravated at New Moon. There is sweat only on the uncovered parts and ingrowing nails. Headache which is one of the prominent symptoms of typhoid fever is marked in this remedy, and is generally in the left side. Marked constipation of a peculiar type—stool hard, it comes out of the rectum, then goes back-again. The patient is generally of flabby constitution, anæmic, very susceptible to cold, and is chilly. Occasional burning of the hands and feet is also noticeable. Sweat is also marked in the palms of the

hands and in the feet. Dreams of falling and flying in the air are present. Too much fastidiousness is also another symptom.

2. *Medorrhinum* : Is also a sycotic remedy. It is useful in patients where the symptoms of wasting are marked. The *Medorrhinum* patient is generally very weak, anæmic, and is with a very pale face. The patient gives the history of suppressed gonorrhœa or a maltreatment of gout, rheumatism, neuralgic pains, or of spinal diseases. Family history reveals cancer, paralysis, rheumatism, gonorrhœa, etc. The patient is hot-blooded, wants bathing. Great craving for cold, both external and internal, is also noticeable. There is intense thirst, even dreams that he is drinking. Marked craving for salt, sweets, acids and pungent things is also present. Complaints generally aggravated at noon. Pain, tenderness, and aching in the limbs are marked. The patient wants to be massaged. He suffers from loss of memory. Constantly loses the thread of his conversation. The patient suffers from alternate diarrhœa and constipation. Mucus is present with the stool. There is marked burning sensation in the hands and feet.

So, in a case of typhoid fever, with the above family history and the peculiar constitution and with the following symptoms, viz., temperature generally aggravated after 10 A.M., with marked burning all over the body, and the patient always wanting to be fanned and having intense thirst, mucus diarrhœa and marked aching in the limbs, a timely administration of this remedy makes the disease short in course and there is little chance of any complication like hæmorrhage, perforation, etc. It is also useful in mal-treated cases with its peculiar constitutional symptoms.

3. *Bacillinum* :—Today, when sycosis and syphilis are on the upper hand and are complicated with psora tuberculosis is the natural outcome. *Bacillinum* is generally useful in cases with a history of tuberculosis in the family. We also think of this remedy where there is a history of puerperal diarrhœa, chronic dysentery, gastric ulcer, duodenal ulcer, ringworm, pneumonia, pleurisy, insanity, etc. in the family or when the patient himself or herself suffers from any of the above complaints which

might have been suppressed. The patient is generally susceptible to cold. He is chilly and does not want bathing. Changibility is marked with this remedy. In every walk of life it is marked. He changes his profession often. In diseases, changibility is also marked. The patient is very loquacious. He also talks often in sleep.

With the above constitutional symptoms, temperature is generally aggravated at about 11 A.M. and 11 P.M. Headache is marked on the right side. Pneumonia and Diarrhœa are the commonest complications. Brain symptoms are also marked. There is violent delirium, talks too much, dreams of dog, animals, etc. It is also useful in mal-treated cases or when the best selected remedies fail to act.

4. *Psorinum* :—It is generally useful, when the best selected remedies fail to act, or, when during the convalescence of the disease, the case is not progressing well, the patient has loss of appetite, slow fever, and there is complete hopelessness with unexplained weakness and sweat on the least exertion.

In both acute and chronic diseases, hindrances on the way to cure are the underlying miasms, of which psora is the foremost. Today, every one is psoric, every one is susceptible to innumerable diseases. So, in maltreated cases, when the best selected remedies do not act, and psora is on the upper hand with its peculiar constitutional indications, think of this remedy.

The psorinum patient is very chilly. Bathing is out of the question with him, in season or out of season. Even he feels chilly in the hottest of the weather. He wants to cover from head to foot. The patient is a dirty one—unmethodical, selfish, melancholic, despondent, with a marked religious fanaticism noticed. A feeling of hunger—an empty all gone sensation in the meal hours. Canine hunger is very marked. The patient is very weak. History of suppression of skin disease is present. He is susceptible to skin disease in every winter. There is a marked full-moon aggravation and all the discharges are offensive.

5. *Sulphur* :—It is one of the regal remedies of typhoid fever. It is generally useful in cases when psora is on the upper hand

and there is suppression of skin disease or of any acute disease. It is always accompanied with bronchial conditions from the very onset of the disease, with marked constitutional symptoms. The patient is of a very dirty habit, and is irregular, unmethodical and quick-tempered. He complains of hunger, empty—all gone feeling in the pit of the stomach, in the usual meal hours. Marked burning sensation all over the body is present. He is very susceptible to cold, which is aggravated after cold bathing. He has sensations of heat in the head, he craves for cold and wants fanning. Marked full-moon aggravation is present. All the complaints are aggravated in the noon at about 11 A.M. Diarrhœa is worse in the morning. A marked urge for stool drives the patient out of bed in the early hours of the morning. He dreams of songs or stool and urine.

6. *Calcarea Carb* :—It also is a deep-acting, constitutional, anti-psoric remedy. It is also useful in the mal-treated cases, when the best selected remedies fail to act, or when there is a history of suppression of skin disease or any other disease.

Calcarea has a leuco-phlegmatic constitution. Fair, fat and flabby. Like all fat people he is very weak, exhausted and sweats profusely all over the body but most markedly in the head and nape of the neck. All the discharges are sour smelling—even sweat. Diarrhœa as a rule—but alternate diarrhœa and constipation are also noticed.

7. *Lycopodium* :—It is one of the deep acting constitutional remedies. It is generally useful when the acute remedies fail to act or after mal-treatment. But today we are in need of more deep-acting constitutional remedies like *Lycopodium*, Sulphur, Thuja, Medorrhinum, etc. from the very first week. Constitutional remedies make the disease shorten its course. We should not be biased from the very name of the disease, because in Homœopathy, the name of the disease cuts a very little figure. We are always guided by the symptoms and the constitution of the patient. So, *Lycopodium* patient is *Lycopodium* from the beginning and it is indicated in any and every disease, when the symptoms are present. Now, if he is a *Lycopodium* patient, he is greedy, miserly, fault-finding, irritable at the least trifle and

a quarrel-seeker. The patient is a dyspeptic, is lean and hungry, but a few mouthfuls fill him. There is marked emaciation of the upper part of the body, while the lower part is semi-dropsical. Commonly, the patient is very susceptible to lung and hepatic troubles. All the complaints are generally aggravated in the afternoon, from 4 to 8 P.M. Activity is marked. Constipation as a rule—habitual constipation, with marked ineffectual desire due to constriction of the rectum is present. He has great craving for sweets and warm things. There is unusual distribution of heat and cold. Urine is scanty, with marked brick dust sediments.

So, in case of typhoid fever with the above constitutional symptoms, when the right lung is affected with a marked stertorous breathing, movement of alæ nasi and the patient lies in a comatose condition with considerable tympanitis, scanty high coloured urine or red dust sediment, jaundice, afternoon rise of temperature and a craving for warm things, it makes a sure success.

8. *Phosphorus* :—It is generally useful in patients who are predisposed to lung diseases,—a tubercular diathesis. The patient is a tall, narrow chested person, with a very precocious and intelligent look. He is very susceptible to cold and atmospheric changes, especially thunderstorm, and reveals a history of onanism or sexual excess. It is indicated when Pneumonic symptoms are associated with Typhoid fever. He has marked pain in the chest. Aggravated lying on the left side and in the evening. As the pneumonic symptoms advance, there is marked affection of the brain with stupor and apathy. He has craving for cold, ice, ice-cream, etc., and has intense thirst for cold water. Burning all over the body is noticeable. But burning is marked in the head, pit of the stomach, and palms of the hands and feet. In constipation, the patient passes dry, slender, hard, dog-like stools. In diarrhœa—white sago-like stool is noticed.

9. *Silicea* :—It is useful in delayed convalescence, when the patient becomes emaciated, weak and exhausted. It is also useful in mal-treated cases or when the best selected remedies fail to act. The patient is very susceptible to cold. The consti-

tution is a frail one, reaches the border-land of tuberculosis. Marked offensive sweat on the palms and soles is noticed. Constipation is marked,—requires manual help. Stool comes out and recedes back. Typhoid fever as a result of suppressed foot sweat, otorrhœa, or as a result of vaccination that does not take. Mentally the patient is very mild, yielding, of gentle temperament, but very obstinate. Typhoid fever as a result of continual mental torture may also be an indication.

10. *Nitric Acid* :—It is an anti-syphilitic and anti-sycotic remedy. It is generally useful in cases where there is considerable weakness, exhaustion and wasting. Mentally they are impulsive, irritable, abusive and cannot digest milk. They suffer from chronic diarrhœa and are prone to hæmorrhage. Physical and mental exertion aggravate all complaints. They are very susceptible to cold. Urine is very offensive like that of a horse. There are fissures in the corners of the mouth and joints of the skin and mucus membranes. Constipation and hard stool causing fissure of the anus is noticeable. They have intolerable and splinter-like pain after stool. It is generally useful when the hæmorrhagic symptoms are marked. Blood is bright red, offensive and non-clotted.

11. *Syphilinum* :—It is generally indicated in patients when there is a history of syphilis in the family or in the patient himself. As a result of suppression of syphilis, vitality has been weakened and reaction is late. In this disordered state, when an acute disease like Typhoid fever develops, all the symptoms will be in disorder. The patient experiences an unexplained weakness, unbearable headache, inflammation of the eyes, ears, nose, throat, etc., and these are very common. Marked ulceration in the mouth, tongue, throat, etc. is also noticed. Offensive saliva coming out days and nights is also noticeable. All the discharges are very offensive and excoriating. Fissures in the corners of the mouth or in the folds of the skin and mucus membrane are also noticed. All complaints are aggravated at night time. There is marked delirium. The patient cries all night, with occasional fearful dreams of arson, riot, etc. There is marked constipation with hard ball like stools, and convalescence is prolonged.

Acute Remedies :

1. *Bryonia*—Is generally useful in patients, who are of rheumatic diathesis. The patient lies in the bed like a log. It is mostly due to pain all over the body, mostly in the head, back, limbs, on motion,—the least movement aggravating all his complaints. Great weakness and prostration are present. He wants to lie still. Rest ameliorates all his complaints. Dryness pervades through and through in *Bryonia* patients—dryness from lips to anus. Dryness of the lips makes cracks and fissures of the lips. Dryness of the mouth, tongue, and whole intestinal tract. The patient experiences intense thirst for large quantities of cold water at long intervals. Marked hard stool, like a ball, and scanty urine are present. Headache and faint-feeling in the morning when rising from bed is one of the prominent early symptoms. When the disease is in progress, marked dazed condition of the face, disturbed sleep, dreams of the business of the day, dry racking cough, dryness of the upper air passage with remarkable dry sound in the lungs are noticeable. All complaints generally are ameliorated from cold application, cold air and rest.

2. *Gelsemium*—is generally useful in cases of paralytic type, especially when the motor nerves are affected. So, from the very beginning we see the patients lie on the back in complete prostration, which is mostly physical. With the fullest sense he cannot open the eyes, is averse to talk, cannot open the mouth, cannot protrude the tongue, as the tongue trembles when protruded. Inability to hold up the hands, legs, limbs due to a paralytic weakness. So, drowsiness, dizziness and dullness are found in *Gelsemium* patients. He may be constipated or diarrhœic but is chilly.

3. *Rhus tox*—It is also useful in rheumatic constitution. It is generally useful in patients, when the complaints arise from wet weather, lying on damp basements, from physical exertion, such as, cycling, horseriding, swimming in a lake or a river, and walking a great distance. It is indicated in the simple acute catarrh as well as in pneumonia or broncho-pneumonia. So, in the first week, with the positive causative factors as stated above,

there are marked pains in the limbs and a want to be massaged. Marked restlessness, mostly due to pain in the limbs and joints, is noticed. Headache, red triangular tip, fever blisters on the lips, etc. are also noticeable. Now, as the disease progresses to the second or the third week, we find the patient lying in a dazed condition, with marked respiratory difficulty. A simple catarrh of the upper air passage progresses to involve the lungs with marked pneumonic or broncho-pneumonic symptoms, stupor, low mild muttering delirium, dreams of excursion, swimming, etc. Pain and tenderness in the abdomen, with offensive bloody mucus, involuntary stool, are found. Marked restlessness and anxiety, and aggravation in the evening, are the prominent general symptoms.

4. *Baptisia*—It is generally useful in a low type of fever and in the Septic type, when early decomposition is marked. It has such a virulent type that all the severe symptoms of the second and third week appear in the first. So, we find that offensive diarrhœa, hæmorrhagic symptoms, marked delirium, all appear in the first week. Whenever we have to prescribe *Baptisia*, the important points to note are : marked prostration in the first week, very offensive, foul smelling stool, marked pain and soreness in the whole body and limbs as if the part rested upon is sore and bruised. Markedly flushed, besotted drunken expression of the face ; finally, stupid appearance is noticed. Restlessness—firstly due to pain, secondly, due to mental condition, delirium, etc. He thinks all the limbs are scattered about and wants to collect them. Stupor, falls asleep in the middle of an answer ;—tongue large and flabby, with dry red tip.

5. *Arnica*—Is one of the regal remedies of Typhoid fever when mental torpor is marked. Marked apathetic condition or indifferent mood is present. In the low type of cases, when the brain symptoms are marked, dullness and dizziness are found. In delirium, when spoken to the patient answers correctly, but unconsciousness returns soon. Pain and tenderness of the body, he complains of the bed feeling too hard. Marked ecchymotic spots in the face and all over the body, are seen. It is useful in hæmorrhage and perforation with the above general symptoms.

Brain affections are marked in this stage. There is a complete apathetic condition and when asked of his condition, he says, he is O.K. There is marked unusual circulation in the body, the upper part of the body is hot, while lower part cold.

6. *Hyos.*—is generally useful in a very low type of fever or in a case of typhoid fever when the patient lies in a comatose condition with no heat whatsoever. Temperature is not marked, with no acute brain symptoms, but the patient is in complete apathetic condition. Low, mild muttering delirium; sings obscene song, immediately shows his private parts, talks lasciviously, looks with starting eyes, grasps at flocks or picks at the bed clothes. Dryness of the tongue and involuntary stool or urine are also other symptoms. In delirium, he thinks he is not at home and wants to go home. He is suspicious and jealous. He wants to be in the dark and in solitude. With apathetic conditions, he may develop pneumonic symptoms, with no fever or with a slight rise of temperature.

7. *Acid Phos.*—It is generally useful in cases where apathy, indifference and listlessness are marked. It is indicated in young persons who have lost their seminal fluid from masturbation or onanism, who are moral wrecks, making the nervous system to be in a ruinous condition. Naturally, in such a background when an acute disease like Typhoid fever develops, the whole nervous system becomes irritated, causing apathy, indifference and listlessness. He lies like a log. He does not pay heed to what is going around. There is marked diarrhoea, which is generally watery, offensive and sago-like, with a noticeable distension of the abdomen.

8. *Stramonium*—Stramonium is generally indicated when the mental symptoms indicate an excited condition. High temperature, and furious raging delirium are present. He wants to talk continually and laughs. The patient has a praying and beseeching mood. He desires light and company. He cannot bear to be alone. He desires to escape. Things look crooked or oblique to him. Tongue becomes stiff and paralysed. Stool looks blackish and is offensive. There is constipation and sup-

pression of urine. Pupils become dilated. Sometimes there is a complete loss of sight, hearing, speech, etc.

9. *Apis*—It is generally indicated in typhoid fever, when brain symptoms are marked, with an acute inflammation of the meninges. There are sharp shrill cries, followed by stupor. Sometimes, low muttering delirium is also present. Other cardinal symptoms are marked aggravation from heat, amelioration from cold, œdematus condition of the face and of the eyelids, especially the lower. Urine becomes scanty, high coloured and is sometimes suppressed. There is a marked unusual distribution of the heat and cold. Sensation of suffocation, as if every breath would be the last.

10. *Cina*—It is indicated as an intercurrent remedy, when the worms-symptoms predominate. With no complications whatsoever, all on a sudden the temperature rises to 105° with convulsions, or there is an irregular type of temperature with pricking at the nose, markedly yellow, watery diarrhœa and white clean tongue.

LETTER TO THE EDITOR

Dear Gentleman,

The following is quoted from Homœopathic Review, August, 1958. (25 Shantisadan Society, Ahmedabad-6.)

If there is no objection, this may be published in the Hahnemannian Gleanings, in the interest of the expansion of homœopathic knowledge,

“Loss of vision by trauma :

by Dr. N. N. Rajpal of Ajmer.

A boy fell from the third floor, became unconscious, skull was factured, Hæmorrhage from the ear and mouth and then convulsive movements started. He was taken to the Victoria Hospital of Ajmer. The boy in three weeks' time recovered from the shock, and the consequences of concussion, except one