

## ELIMINATING RUBRICS

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Finding the similar remedy is not as easy as it sounds and great skill is needed to match the symptoms of the patient to those of the remedy.

When you find a symptom that is very strongly marked in your patient, this same symptom must be as strongly marked in the remedy; in other words it must appear in thick black type in Kent's Repertory. When you have taken a case with a number of symptoms and you are ready to repertorise it, it is of tremendous help if among the symptoms you have taken you find one of the following rubrics which is *strongly* marked; then this rubric can be used as an eliminating symptom.

I have been through the first and last sections of the Repertory (the two most important) and I have listed rubrics with only a very few remedies, and in each case one remedy is in *Italic* type.

If these can be memorised they will be a great help as "eliminating" rubrics and will save much time in finding the similar remedy.

### MENTALS

Anxiety anticipating an engagement:—*Arg-N* (gels;) (med:)

Anxiety lying on left side:—(Bar-c:) *Phos*; (Puls:)

Anxiety from downward motion:—*Bor*; gels.

Anxiety from noise of rushing water:—*Lyss*; *Stram*.

Anxiety from pressure on chest:—*Sulph*.

Anxiety during a thunder storm:—(Gels:) *Nat-c*; (nat. mur:)  
nit-ac *Phos*. (sep:)

Anxiety while walking which makes him walk faster:—*Arg-N*.

Anxiety from warmth:—(Gamb:) *Kali-S*; puls.

Aversion to husband:—*Glou*: (Kali-p:) nat-c: (nat-mur:) *Sep*:  
(verat):.

- Blood—cannot look at or a knife:—*Alum.*  
 Cheerful—after stools:—*Bor*; (nat-c:) *Nat-S.* (ox.ac:).  
 Company—aversion to during urination (cannot urinate) *Nat.M.*  
 Company desire for at night:—*Camph*; *Stram*: (tab.).  
 Concentration difficult while calculation:—*Nux-V.*  
 Confusion at night—compelled to arouse himself:—*Carb-V*;  
 (sulph:).  
 Confusion after injury to head:—*Nat-S.*  
 Confusion, loses his way in well-known streets—*Glou.*  
 Contemptuous of everything:—*Chin*; (cina:) (ip:) *Plat.*  
 Delusions that devils are present:—(*Anac*:) (*cann-i*:) (op)  
 (phos) *Plat.*  
 Delusions that all persons are devils:—*Plat.*  
 Delusions that dogs attack him:—*Stram.*  
 Delusions that objects are enlarged:—*Cann-I*; *Caust.*  
 Delusions that people think her insane:—*Calc.*  
 Delusions that old rags are fine silks:—*Sulph.*  
 Delusions that he is being persecuted:—*Chin.* (cycl:) *Dros.*  
 (hyos:) (*Kali-br*:) *stram.*  
 Despair from itching of the skin:—*Psor.*  
 Despair (religious) during suppressed menses:—*Verat.*  
 Despair of social position:—*Verat.*  
 Disgust—(Loathing)—(*Ars*;) (*cimx*;) (*coloc*;) *merc*; (*mez*)  
 (phos;) *Puls Sulph.*  
 Dullness of old people:—*Ambr*; *Bar-C.*  
 Dwells on past disagreeable occurrences after midnight:—  
*Rhus-T.*  
 Egotism:—*Calc*; *lach*; (*med*;) (*merc*;) *pall*; *Plat*; *sil*; *sulph.*  
 Excitement from hearing water poured out:—*Lyss*; *Stram.*  
 Fear of others approaching him lest he be touched:—*Arn.*  
 Fears death from pain:—*Coff.*  
 Fears death and predicts time:—*Acon*; *Arg-n.*  
 Fears during pregnancy:—*Acon.*  
 Fear of dogs:—*Bell*; *caust*; *China.* *hyos*; *stram.*  
 Fear of rushing water:—*Lyss*; *Stram.*  
 Forgetful of well known streets:—*Glou*; *nux-m.* *petr.*  
 Forgetful which side of the street house is on:—*Glou*; *nux-*;  
*petr.*

- Frightened—wakens at 3 a.m. *Arsen.*
- Gestures as if intoxicated:—*Hyoc.*
- Grief—cannot cry:—*Gels*; *Nat-M.*
- Grief—silent:—*Ign*; *Nat-M*; *puls*; *Ph-Ac*; *Phos.*
- Impulsive:—*Arg-N*; *ars*; *aur*; (*camph*;) *cic*;• (*gins*;) (*merc*;) (*nux-v*;) (*rhus-t*;) (*staph*;) (*thea*;) (*nat.p*;) *Phos.* (*plat*;) *Sep.*
- Inconsolable over fancied misfortune:—*Verat.*
- Indifference to loved ones:—*Acon*; (*ars*;) *fl-ac*; *Hell.* (*merc*;) (*nat.p*;) *Phos.* (*plat*;) *Sep.*
- Indifference to personal appearance:—*Sulph.*
- Indifference to relations:—*Fl-ac*; *Hell.* (*hep*;) (*nat-c*;) *Phos* (*plat*;) *Sep.*
- Indifference to her children:—(*kali-l*;) (*nat-c*;) *Phos*; *Sep.*
- Indifference to welfare of others:—*Sulph.*
- Indignation—bad effects following:—*Coloc*; (*ip*;) (*nux-v*;) (*plat*;) *Staph.*
- Irritability—sends doctor home says he is not sick:—(*Apis*;) *Arn.* *Cham.*
- Irritability sends nurse out of room:—*Cham.*
- Irritability on hearing or seeing water:—*Lyss.*
- Impulse to jump from a height:—(*Anac*;) *arg-n Aur*; (*gels*;) (*staph.*)
- Loathing life—must restrain herself to prevent doing herself injury:—*Nat-S.*
- Love—silent grief:—*Ign*; *Nat-M*; *Ph-Ac*; (*pros*).
- Magnetised—desires to be:—*Calc*; *lach* (*nat-c*;) *Phos.* *Sil.*
- Narrating her symptoms aggravated:—*Calc*; (*cic*;) (*ign*;) *puls*; (*teucr*;) (*nat-c*;) *Phos.* *Sil.*
- Pull—desires to pull one's hair:—*Bell* (*lach*;) *lil-t*; (*tarent.*)
- Quieted—cannot be:—*Cina.*
- Quieted only by being carried:—*Cham.*
- Rage—with headache:—*Ars*; *Bell*; (*croc*;) *lyc*; (*nat-m*;) *puls*;) (*nat-c*;) *Phos.* *Sil.*
- Rage—violent:—(*agar*;) *Bell*; *Hyos*; *Stram.*
- Restlessness compelling rapid walking:—*Arg-n*; *Ars*; (*lil-t*;) (*sul-ac*;) *Tar.*
- Rolling on floor:—(*Acet-ac*;) *calc*; *Op.*
- Sadness—cannot weep:—*Gels*; *Nat-Mur.*
- Sits and breaks pins:—*Bell.*

Fears high places:—Arg-n ; (puls ;) (staph ;) (sulph ;)  
 Vertigo high places:—(arg-n ;) (aur ;) Calc. (gels ;) nat-m ;  
 (phos ;) (puls ;) (staph ;) Sulph. zinc.

#### GENERALS

Contradictory and alternating states:—(croc ;) Ign. nat-m ;  
 (plat ;) Puls ; (thuj ;).  
 Worse dry weather:—(Alum ;) (ars ;) Asar. Bry ; (rb-an ;)  
 (carb-v). Caust. Hep. Kali-c ; Nux-V. (phos ;) (sabad ;)  
 sep ; sil ; spong ; (staph ;) (sulph ;) (in).  
 Emaciation from loss of fluids:—Chin ; Lyc ; Sel.  
 Emaciation of old people—Ambr ; Bar-C. Iod ; sec. sel.  
 Faintness, frequent:—Ars ; phos ; Sulph.  
 Riding aggravates:—Ars ; (brom ;) (Kali-n ;) Nit-Ac (phos ;).  
 Stoop-shouldered:—Sulph ; tub.  
 Worse slight touch:—Ars ; Bell. Chin. (coff ;) colch ; ign ;  
 Lach. (mag-m ;) Merc ; mex ; Nux-V. (ph. ac ;) phos ; stann.  
 Worse uncovering single parts:—Bry ; Hep. nat-m ; Rhus-T ;  
 Sil ; (squil ;) (stront ;) thuj.  
 Worse after Vaccination:—(Apis ;) ars ; (echi ;) (hep ;)  
 (kali-chl ;) Maland. Sil. Sulph ; Thuj.  
 Walking slowly ameliorates:—(Agar ;) Aur. Aur-M. (cact ;)  
 (calc-s ;) Ferr. (ferr-ar ;) (iris ;) Kali-p ; Puls. (sep ;) tarent.  
 Warm wet weather aggravates:—Carb-V. gels ; iod ; kali-bi ;  
 Lach. Nat-S. Sil.

(Remedies in brackets are in the lowest type in Kent's  
 Repertory).

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