

## RAMRAJ THROUGH HOMŒOPATHY

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Is it possible to establish an ideal social world where one loves his neighbour as himself and none will do unto another that which he does not wish to be done to him; where lying, stealing, jealousy, malice etc. will be things of the dead past; where every one discharges his duty honestly; where justice is not tampered by bribery and corruption is wiped off the face of the world; where doctors, policemen and law-courts are found to be superfluous; where every one enjoys his mental and physical faculties to a ripe old age; where peace, contentment and happiness pervade the entire human race? Yes, it is possible through Homœopathy.

"It is the mind that makes a hell of heaven or a heaven of hell". And Homœopathy by setting right the mental balance can turn the present hellish world into a veritable heaven. The great Hahnemann expressed this hope in the following words: "I look forward with intense pleasure to the not distant time when, though I shall be no longer here below, a future generation of mankind will do justice to this gift of a blessed means He has provided for the alleviation of their bodily and mental sufferings".

Expanding the same idea Dr. S. Raman in his speech delivered at the International Homœopathic Convention at Calcutta during 28-30 Dec. 1955 said, "the peculiarities of Homœopathy are vast. Homœopathy could penetrate our jails to reform convicts of their impulses of stealing, murder and other morbid impulses of the human mind; nay, it could turn out many of our addicts to narcotics and drinks to useful and honest citizens of the future . . . . Many of the morbid impulses like lying, stealing and many immoral sentiments of sexual abnormalities could find correctional treatment in Homœopathy".

"*Mens sana in corpore sano*" holds good for all ages. Mental and physical derangements exist together, one depending on the other. Mental symptoms gradually spring up from

physical ailments and vice versa. Look at an insane person, his physical appearance betrays his mental imbalance. Similarly a careful observation will reveal that the assassin, the dacoit, the sharper, the imposter, the erotomaniac, the imbecile, the idler, the eccentric etc. all have the foetus of their mental morbidity in physical disorder. Homœopathy, by setting right the Vital Force, re-establishes harmony in the organism so that the reason gifted mind may utilize this healthy instrument for higher purposes of life.

Emphasizing this view Dr. Fergie Woods in his address to the Nottingham Homœopathic Society on Jan. 4, 1950 said, "Homœopathy is capable not only of curing the body, but can cure the mind too. It can even change character. That may sound extravagant but one has seen it done, the whole attitude and character of a patient can be changed by the right homœopathic remedy. That gives us great hope for the future race, when Homœopathy is more widely practised, when body and mind are cured and perfectly tuned to each other and the universe, then we shall be on the way to a race of supermen that some people prophesy".

If the homœopathic treatment is commensed with the fœtus in the womb and after the birth of the child and throughout its life all its ailments are removed by proper similima, the generation will be a race of ideal men and women, their Vital Force maintaining the organism in harmonious vital operation, such persons "think most, feel noblest, act the best".

Let us now consider some of the homœopathic remedies:

In order to eradicate hereditary defects Hahnemann advises, "the campaign against heredity by means of an antipsoric cure, the infant being treated in utero during pregnancy (the first if possible) especially with Sulphur. Thus it is much stronger and healthier at birth.

To begin with the beginning of life Homœopathic treatment will prove a blessing. If the new-born infant is of a psoric, syphilitic, sycotic or tuberculous parentage, and manifests symptoms of latent miasms, a few doses of Sulphur, Mercury, Thuja or Tuberculinum, as the case indicates, will eradicate the hereditary taint and the child starts on its life with a clean slate.

Under the exhibition of Calcareæ, a fat, flabby child which is late in showing its teeth, late learning to walk and talk, will be benefitted for life, the organism having been set right to absorb necessary calcium from food sufficient for all its needs.

The imbecile child, under the action of Baryta, will soon develop its physical and mental faculties and become normal.

Abrotanum or Argentum Nitricum will quickly fill up the loose, wrinkled skin of a marasmic child and put roses into his pale, withered up, old-looking face.

Pining boys, shy and sullen, with rudimentary testes and weak memories and lacking in 'boyish-go' will be filled with grit and pep after a few doses of Aurum.

The adults:

Potassium Bromide arrests mental aberrations, brightens the gloomy mind and strengthens the enfeebled intelligence.

The nagging shrew, indifferent to her husband and children will easily be tamed by Sepia, so that she once again becomes an affectionate wife and loving mother.

Platina disillusiones a person with a superiority complex, who has a high opinion of himself and looks down upon others that are usually venerated. It makes him see things in their proper perspective.

On the other hand those with an inferiority complex, who let opportunities slip by, by fearing to attempt, are made to realize their innate strength with the help of Silicea and the funky shirker becomes a man of action. His spirits rise, hope revives, the weakness and depression give way to a feeling of returning strength.

Lycopodium rejuvenates the flagging sexual strength of even an old man who marries for the second or third time. He regains his self-confidence and proves himself a satisfactory husband. It also turns the light-fisted miser into a generous hearted philanthropist. Further, the person who once was afraid of society now becomes the life and soul of the party.

The indecisive person under the control of two wills, the one commanding what the other forbids, becomes steel-willed and accomplishes whatever he puts his hands to, by taking Anacardium Orientale. Under its influence concentration deve-

lops and at the examination the funky student meets the ordeal with courage and confidence.

Apprehensive mood when having to meet an engagement is dispelled by *Argentum Nitricum* or *Gelsemium* and the diffident person becomes the master of the situation.

Touchy persons who like the snail withdraw at the slightest touch and keep themselves aloof, will get over their morbid sensitiveness and bear the buffets of life as matter-of-course events, by taking *Arnica*.

Fear is the father of many evils, fear of the future, its uncertainties. Fear of becoming poor or dispossessed is removed by *Kali Carb.* *Anthropophobia* gives place to *anthropophilia* under the influence of *Natrum Mur.* These two remedies, by removing morbid dread of the future and by promoting hope and confidence can put an end to the cold war that is now hanging precariously, like the sword of Democles, over the present trembling world.

People with suicidal tendencies are reorientated by remedies like *Antim. Crud.*, *Argentum Nit.*, *Aurum Met.*, *Hepar Sulph.*, *Natrum Mur.*, and *Nux Vom.* The once desperate people realize how foolish they had been and become useful and respected citizens.

*Hepar Sulph.*, *Nat. Mur.*, *Nux Vom.* etc. calm irate and hot tempers so that cool judgment controls their every word and deed.

*Kali Carb.*, *Calcarea*, *Bartyta* etc. sharpen dull wits turning block-heads into bright-heads.

*Kali Carb.* makes the hoarder ashamed of himself for secretly piling up and holding back that which would have been useful to others.

"When a person misuses the scriptures to his own detriment or thinks that he is in a wonderfully sanctimonious state or that he has sinned away the day of grace, *Pulsatilla* should be given" to clear his vision.

"Matloids or eccentrics, the faddists, food cranks, altruistic and impractical dreamers, idealists without a basis, iconoclasts and introverts often require *Sulphur*".

"*Sulphur* is one of the most powerful remedies with which

to stop the deleterious effects of drugs and alcohol and bring about rehabilitation mentally and physically".

"The Government official who squanders the tax-payer's money with a fascinating smile needs Natrum Mur. high".

"It is natural for normal people to desire things they like. But, in the kleptomaniac the desire is exaggerated to such a degree that it wipes out all caution and self-control. It therefore belongs to Natrum Mur. The desire for possession may grow further and lead to robbery, juvenile delinquency and the worst kind of crimes".

"A woman is unable to control her affections and falls in love with a married man. She knows that it is foolish but lies awake with love for him. She falls in love with a coachman. She knows she is unwise, but cannot help it. In cases of this kind Natrum Mur. will turn her mind into order and she will look back and wonder why she was so silly".

Jealousy that green-eyed monster under whose banner heinous crimes have been committed can be vanquished and routed by a few doses of Lachesis.

After this brief study of the above few remedies the following words of Dr. A. H. Grimmer are apropos: "When an individual becomes normalized by the homœopathic cures, the deeper side of his being, the will and the understanding or the rational mind, is balanced, then the man begins to control his desires and emotions and becomes more the master of his destiny and his environment.

With the change in mental and moral sphere, his physical health improves with a high degree of resistance to acute maladies of all kinds. He regulates his life habits and appetites, avoids deleterious foods and drink, becomes temperate in all things, takes adequate exercise and sufficient rest, supplies his blood stream with abundance of fresh air. Finally he cultivates an atmosphere of cheerfulness and a sense of humour all of which enables him to meet every challenge besetting life's high ways wherever we turn in these fate-packed times. Such is the transition from constitutional weakness and suffering to homœopathic health and comfort".

• And Dr. A. H. Holcombe said, "If our friends had a homœo-

pathic conception of mental symptoms of their patients, there wouldn't be half the number of people in our insane hospitals that there are, nor would there be half the number of juvenile delinquents.

The homœopathic doctor who studies his case can obviate and prevent the development of these mental characteristics that lead not only children but men and women astray and make criminals of them."

In closing let us quote Dr. Bhumananda who said, "This shows how a truly homœopathic remedy can act on life, mind and character. There is a vast yet unexplored field among homœopathic remedies. When men will learn their proper use, wholesome reformation will be brought about in society without much toil".

If all suppressive allopathic, enantiopathic and all other kinds of treatment give place to homœopathic treatment, the next generation will find Ramraj established among them and they will look at the present huge hospital buildings, law-courts and jails with surprise and exclaim, "What a colossal waste" and soon the hospitals will be turned into science-research centres, the law-courts into libraries and the jails into recreation parks.