

**VACCINE PREVENTATIVE TREATMENT OF SPANISH
INFLUENZA**

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My subject on the programme was "Intestinal Type of Influenza," but, as this has been more or less discussed and interwoven into the preceding papers, I have taken the privilege to change my subject to the "Preventative Treatment of Spanish Influenza with Vaccines."

In diphtheria, we would not think of treating without the vaccine, or serum, if you prefer, called, "Anti-toxin;" which in my estimation, is purely Homeopathic; for, as "like cures like," we inject these toxins to antagonize the same toxins in the human body. Today there are very few physicians, who do not use the immunizing doses on the balance of the members of the family, who have been exposed to the diphtheria; and thus, the percentage of people taking this disease after being inoculated, is indeed very small.

The old saying, that "an ounce of prevention is worth a pound of cure," is surely outclassed several pounds by the use of vaccines in the immunization of people against "Spanish Influenza." In magazines and different writings, statistics given by various authors, who have used the vaccines, extensively, nothing but words of praise have been given for the "prophylactic" treatment of the "Flu." (Read Article in Therapeutic Notes, here page one).

I will cite a few instances where I employed the vaccines, with very good results therefrom:—

Family No. 1, husband, Mr. "B" came home off the road, ill with the "Flu." I immediately gave the wife, who was

the nurse, and the two boys, prophylactic doses; they escaped being sick.

In a few hours' time, I was called to see family "C," where the man, a stockyards man, and wife were both ill. Here I vaccinated the two girls, and wife's sister, the "nurse," each taking the three vaccines, at regular intervals, and each one thus escaping the "dreaded disease."

Family "D", living on Sherman Ave. Mr. C. came home ill. When I saw him, he was in bed; coughing and raising some blood. I gave him a light dose, and the wife and two girls all took immunizing doses. The man's brother, a big strong, healthy looking man, I asked to take an immunizing injection, as a mere preventative. To this, he only laughed, saying "he was perfectly well and strong;" although I tried to impress upon him, that it was just this type who had the "Flu" the hardest.

I administered the three doses each to the wife and girls, each time asking the brother to take the precaution. Will say that this brother came here from Dakota on a visit, not knowing that there was sickness in the family. In about one week from the day of his arrival, he was taken ill, and the sister-in-law tried in vain to have him go to bed, and keep quiet,—to which he replied,—"that he wasn't going to be sick, that he wasn't afraid of the "Flu." That night between ten and eleven o'clock, he was seized with severe pleurisy pains; tried to get me but was unable to do so. He suffered the usual hemorrhage of the lungs, and the physician they had, immediately hurried him to the hospital, where he died some time the next day. He was the only one of this family of five who succumbed to the disease.

Family "D," near Lawton, Iowa,—wife, husband and two

sons each took three immunizing doses, although none of them, at the time, were ill. As they reported, however, "there wasn't a neighbor who did not have sickness in the family and they were taking care of the sick, as well as doing their chores." This family took the vaccines as a "preventative;" and they all came through without any sickness, whatever.

Family "E," mother and son both abed with the "Flu," and husband and niece, caring for them, both took the vaccines; neither were sick, although the two patients were both quite ill.

Family "F," man and wife, the husband, having broncho-pneumonia, following the "Flu," when I was called. As I knew the wife was two months pregnant, I advised her to take the vaccines; accordingly, gave her the first immunizing dose at once. Before time for the second one, she had a slight attack of the "Flu," temperature rising to 102 degrees, only. The second dose, I gave when due; fever subsided the third day, and she made a complete recovery, also going to full term with no difficulty.

Family "G," consisting of father, mother and five little ones, where the nephew was sick with the "Flu," as well as one of the children. I administered the three immunizing doses, with the satisfactory result that all the others escaped any siege of illness.

My last case report, family "H," was one where the good qualities of the vaccine surely showed up in fine shape. This was a family in the country, where the mother and the one daughter were both sick with the "Flu," when I was called. The husband, the winter previous, had had bronchial asthma most of the winter; and the following summer had not been able to do any amount of work. In fact, he had been advised

by myself and other physicians, to change climate, but, as his finances were not such that he could dispose of his farm at that time, he was still living there last winter. When I first saw them, I immediately gave him and his other daughter of twelve, immunizing doses! because, as he remarked, "you know, doctor, if I ever get the "Flu," I'll never live through it." When it was about time for the second injection, he had an attack of sickness, with the usual fever. I gave the second dose, but larger than I would for a prophylactic; also, full dose the following day. Although he showed the usual broncho-pneumonia of the "Flu," he had very little of the asthmatic condition, soon recovering. This past summer he has been in better health than for several years; able to take care of his farm work, having very little hired help. The girl had the three immunizing doses, and showed no signs of the disease.

I have given these cases from my records where there were more than one in the family; and I have only cited but very few of those who took the vaccine as a prophylactic, or preventative measure. Will say, further, that I had no patient develop the "Flu," if the second dose of vaccine had been given, previous to an attack; and no deaths, after the first prophylactic treatment.

I will add that I used the stock vaccine; first dose of three to five minims, or .3 C. C.; second, from seven to ten minims, or .6 C. C., and third usually from twelve to sixteen minims, given at intervals of two or three days.

Thanking you for your kind attention, I will now leave this subject to your worthy consideration and discussion.