

A NEW LOOK AT CHRONIC DISEASES

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According to Hahnemann, chronic diseases are caused by miasmatic states, viz., psora, syphilis or sycosis, which most of the patients inherit from their forefathers and in some of them it is caused by mistakes in their own lifetime. But now in the last few decades, modern living has added so many new problems which act as of chronic diseases.

In earlier days economic tensions were less and people were not that much addicted to opium, tobacco, wine, smoking, etc. Similarly rich people are addicted to crude patent medicines & tonics. The result is causation of drug diseases in the body leading to various chronic diseased states. So in the present era chronic patients are to be looked at from various angles and treated accordingly.

When causative factors lie in the modern way of living or when the disease is caused due to over-drugging, we have to start treatment mostly on tautopathic principles by giving as the first prescription the potentised form of the drug which had been frequently used by the patient. We generally start with Tabacum 1M to all chronic patients of asthma or diseases of respiratory system or any other disease, if the patient was addicted to tobacco or smoking. Similarly one or two doses of Streptomycin in homoeopathic potency is useful in chronic patients who come with the history of having taken many injections of streptomycin. These are called tautopathic drugs and they clear the block in the way of curative homoeopathic treatment. In the past few decades the medical scientists have done great research work and discovered many new things to benefit the sick. On top of it the diagnostic measures have been invented to unimaginable extent. We homoeopaths should take help of all these modern discoveries and results obtained will definitely help us better in finding the similimum. I present a case here in support of this contention.

About 10 years back a lady aged about 45 years complained of frequent unbearable headaches. Of course I took her case but without starting the treatment she left for Delhi, being called by some of her relatives there. She was examined in Delhi, by the latest mechanical aids and was diagnosed as having a brain tumour on the right side. She was advised to undergo surgical operation. She came back to Jabalpur with a wish to see her children before her operation. She again came to me with the report. I found out her medicine and it was Lycopodium 10M. Two doses of the medicine were given to the patient to be taken 12 hourly. The patient took the medicine and started improving gradually. She abandoned the idea of undergoing surgery. I kept her on placebo for six months thereafter and then declared her cured.

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and all these he said in presence of my clients. This is not all. In support of his argument he cited from a book on Homoeopathy (Oh! he had it at the right moment.) that 'the placebo is the second best medicine.' We, the homoeopaths, do very well know that placebo is no medicine. After giving some medicine, when we ought to watch its effects for long till we decide to prescribe for the second time, some patients may lose their patience for going without medicine during this long period of watch. We prescribe placebo for them and also in some such cases with fleeting symptoms, not as a medicine but for earning their confidence. So the proverb should stand as *placebo is the second best help to the patients.*

In passing it should be mentioned that there are some who may not approve of the above modifications. They may suggest otherwise, but they must feel that the modifications are due.

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logical response can be triggered. Whereas in chronic diseases, the remedies should be deep acting mutagenic in nature so that a reverse-mutation system, manifested through coming of older symptoms in reverse order, can be effected.

A *reverse mutation* from a mutant to a wild type allele is, however, already known to occur.

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Since then she never had the trouble and on her next visit to Delhi (after about a year) she was again examined and declared free from the brain tumour. So I did get the support in my prescription of pathological findings or otherwise I might have made a mistake.

All modern aids and equipments belong to the medical science and they are just like tools which are to be used by any system of medicine, may be Allopathy, Ayurveda or Homoeopathy or any other system of medicine.

—*Souvenir 1983, 4th All India Homoeopathic Congress, Bombay*
