

## A NEW LOOK AT CHRONIC DISEASES

*(Knowledge of Miasms in Treatment of Chronic Diseases)*

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"The fact is we cannot select the most similar remedy unless we understand the phenomena of the acting and basic miasms, for, the true similia is always based upon the existing basic miasms, whether to be conscious or unconscious of the fact."—J. H. Allen

The miasms to which human race is subject to are acute and chronic. These miasms infect the organism and derange the vital force dynamically and produce a particular type of syndrome corresponding to the specific miasm. The invasion of the miasms and their operation and activity upon the living organism depends upon various factors like :

(1) Susceptibility of the organism.

(2) Exogenous conditions like unhealthy, unhygienic living, unsuitable environments.

(3) Endogenous conditions like fear, grief, general weakness, anxiety etc.

Though a particular type of syndrome corresponds to a particular type of miasm yet there may be variation from individual to individual as development of such syndrome largely depends upon the various above-said factors.

The miasms are fundamental causes responsible for the manifestation of disease-conditions of the human organism and their localisation in different vital organs of the body. So any neglect in study and application of the miasms while prescribing, cannot lead us to correct prescribing. The fact that Homoeopathy believes in a correspondence of natural disease to medicinal disease in the materia medica, demands that it is not only important but also essential that one should have a knowledge of the remedies which are closely related to them in their nature and action. So attempts should be made to know psora, sycosis, syphilis and tuberculosis through the remedies of our materia medica. With this we can have a better appreciation and understanding of miasmatic conditions.

To know psora is to understand Sulphur and Psorinum.

To know sycosis is to understand Thuja and Medorrhinum.

To know syphilis is to understand Mercurius and Syphilinum.

To know tuberculosis (grafts of miasms) is to understand Tuberculinum.

There are so many remedies which are anti-psoric, anti-sycotic and anti-syphilitic. If we read Sulphur first, then Calc. carb. and Lycopodium, we can understand and appreciate psora which unfolds itself.

Apart from these there is a fairly long list of drugs which rank high in all the three miasmatic conditions. These are of special value for prescribing in chronic cases especially where miasms are present in mixed form. Of these are Calc. sulph., Lycopodium, Medorrhinum, Mercurius, Nitric acid, Phytolacca, Staphisagria, Sulphur, Syphilinum, Thuja, and Tuberculinum etc.

They need special consideration and attention to be thoroughly appreciated and understood. Study of these remedies in closely detailed relationship in treatment of chronic cases is often likely to lead to the correct remedy in any given case.

A close study of the miasms individually, separately or combiningly operating upon any organism, to arrive at a similimum is always helpful to a prescriber to prescribe for the so called incurable, malignant conditions with definite success. The cases which cannot yield to such similar remedies at least get palliation with prolonged longevity with much less suffering, without the aid of narcotics or analgesic drugs. The study of drugs should also be based on the modern biological results. Usually when one miasm is active, others are kept in abeyance. If they are all active at the same time, then we find a condition of malignancy which is incurable, e.g. tuberculosis, cancer, leprosy. The patients who have a tendency to recurrent coryza or sinusitis are as a rule tuberculinic (psora + sycosis + syphilis).

This condition requires always an intercurrent remedy like Tuberculinum (a polychrest and a constitutional remedy par excellence) followed by a few doses of Nat. mur., Ars. iodide, or Kali. bich., based on their indications. Only then it is cured. When other systems fail to cure chronic rhinitis or coryza or sinusitis, Homoeopathy succeeds.

Recurrent bronchitis, chronic bronchitis, dilatation of bronchii, asthma, emphysema, pleurisy also do require frequent repetitions of intercurrent remedies like Tuberculinum, Nat. mur., Nat. sulph., Kali iodide, Kali carb. followed by those short acting drugs like Aconite, Ant. tart., Ipecac, Aralia rac., Lobelia, Spongia, Pulsatilla, Carbo veg. in low potencies according to their indications. These favour better toxic elimination of the organism and drain out the accumulated phlegm, sputum and afford relief to the patients.

In asthma, we find the active manifestations of sycotic miasm and unless an anti-sycotic drug is given, asthma is not cured. In cases where asthma and eczema alternate, we find the miasmatic graft actively working. Sycosis and syphilis alternately manifest themselves according to seasonal influence, under the catalytic action of psora. Here again it requires a drug like Tuberculinum as ground remedy to break the graft so that the resulting altered state may be treated by indicated remedies. In rheumatic and arthritic condition unless a few doses of Medorrhinum or Thuja are given intercurrently, the sycosis cannot be brought to dormancy from active manifestation, viz. inflammation and infiltration of muscular tissues and joints.

Eczema an acute or chronic inflammatory disease of the skin, (polymeric in nature) gets appreciably subsided under indicated remedies but is cured only after administration of Tuberculinum.

In certain cases we observe some phenomena of demineralisation and decaleification like dental caries, white spots on nails or thickening of nails, presence of phosphates in urine, emaciation, and constipation. All these conditions are consequent to a deep trouble of calcium metabolism. This is

the phenomenon of decalcification in the organism. This phenomenon can be reversed and the metabolic activity of the organism can be restored by giving a few doses of anti-syphilitic and anti-sycotic drugs like Tuberculinum, Iodum, Lycopodium, Calc. phos., Nat. mur., Abrotanum according to their indications. These cases represent to the highest point, the classic manifestation of psora, sycosis and syphilis of Hahnemann.

Mitral regurgitation appears to be caused by the association of hereditary syphilis and psora. This condition can be redressed by administration of a few doses of Syphilinum or Tuberculinum at long intervals. Even constant murmurs of the heart do disappear after administration of one or two ground remedies like tuberculinum.

#### SURGICAL CASES

Congenital heart diseases like atrial septal defect (A.S.D.), ventricular septal defect (V.S.D.), pulmonary stenosis and Fallot's tetralogy etc., where syphilitic influence is deep-seated cannot be reversed and they need surgical interference. Chronic hepatitis, cirrhosis and even jaundice as a sequel should be treated closely according to the general or local symptoms, be it localised, glandular, concerning tissues or purely topographic, with constitutional remedies and satellites.

Parasital tendency and the predisposition to contagious affections, the phenomena of alternation and periodicity characterises generally the graft of psora + syphilis. Unless drugs like Sulphur, Tuberculinum, Syphilinum, Merc. sol., are given intercurrently the infection of roundworm, tapeworm, hookworm, amoeba and others cannot be eradicated.

The following are the examples of typical prescriptions often met. In menopause and its complications: Lachesis 200, followed by Glonoine 6 to 30. Flushes of heat: Ignatia 30 (nervousness, paradoxical troubles). Here Lachesis is the constitutional remedy that forms the basis for effective cure.

Recurrent leucorrhoea, acne of young girls: Tuberculinum followed by Nat. mur. or Calc. phos. or Sepia or Kali brom. if given according to the totality of symptoms will cure the conditions which cause unpleasantness and restore these girls to normal robust health.

#### ENDOCRINOLOGY

According to modern physiologists most of the human ills are traceable to dysfunction of endocrine glands.

The dysfunctions of these important glands are due to the influence of miasms. The clinical syndromes with their individualistic signs and symptoms like myxoedema, hypothyroidism, hyperthyroidism, sterility etc. which begin in the perversion of vital process, sometimes respond to some of our polychrests or constitutional remedies while prescribing for the patient.

*A case of purpura haemorrhagica: A woman aged 60 years.*

Personal history: Gastric disturbances, periodical fevers, bowel costive, general debility. Allopathic medicines were used.

Symptoms were: Sudden haemorrhagic spots on the skin, followed by haemorrhage from mouth and gums. Bleeding could not be stopped in spite of medicines used by allopathic doctors. She was admitted in the hospital for blood transfusion to save her from death. At that stage, before the transfusion I was called in.

My observations were: She was anaemic and prostrated. The body was dotted with purpuric spots. Haemorrhage was profuse from mouth and gums.

Blood was difficult to coagulate. Hoarseness in throat aggravated in evenings; soreness of throat; tickling with cough aggravated while talking and laughing. Hawks and spits up blood constantly. Blood bright red, itching in gums and mouth; night sweats.

Blood picture: Platelets reduced to 17,000/Cu.mm. After taking the case, three doses of Phosphorus 0/2 were administered, at interval of 2 hrs. After six hrs. profuseness of bleeding reduced to passiveness. Patient felt better, weakness also was reduced, was able to talk, hoarseness also was reduced, cough and hawking controlled. Progress continued up to 17.8.81. Phosphorus was repeated on 18.8.81 in 0/3 (doses 3) with an interval of 3 hrs. 19.8.81 almost better. 20.8.81 bleeding stopped, debility reduced.

Blood examination made once again. Count of platelets increased to 35,000/Cu.mm.

On 24.8.81 count of platelets increased to 1,10,000/Cu.mm.

On 28.8.81 count of platelets increased to 1,30,000/Cu.mm.

On 5.9.81 count of platelets increased to 2,00,000/Cu.mm.

The patient had become almost better in all aspects, medicine was stopped.

After 2 months (in Nov. 81) a slight bleeding appeared and salty taste experienced. Then a dose of Tuberculinum IM was given as a constitutional remedy, bleeding stopped. No complaint till date. The patient felt restored to normal health.

#### CONCLUSION

The new outlook of chronic diseases has opened new possibilities of treating the 'man' in his entirety, hitherto unknown and inconceived in medicine. It has made possible the constitutional treatment—a treatment that touches all the planes of human life—physical, mental, moral and spiritual. It not only cures all chronic diseases in their curable stages or to the curable extent, but also aims at eradicating the very basis of disease manifestations. It destroys all internal morbid force and tendencies towards disorganisation and disharmony on all the interior planes of life. The constitutional treatment alone is capable of removing these inhibitory miasmatic forces, thus restoring man to perfect health. This is the grandest achievement of medicine. The highest aim of medicine may thus be reached by logical reasonableness of Homoeopathy alone.

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