

A NEW LOOK AT CHRONIC DISEASES

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Millions of centuries ago, as we know, nature the omnipotent, created this great universe including our own planet at her own sweet will; and through evolution for centuries human beings came into existence. As in the greater space the heavenly bodies like the stars and planets are governed by the celestial force, so also nature controls our own solar system and regulates the diurnal motions; phases of the moon, the tidal flows and the existence of man with all other creatures, trees and plants on earth. This all-commanding force plays its part equally well in creation, preservation or protection and destruction of everything here.

Amongst all these creations, the human race supersedes all other creatures, by his superior mental power and dominates over them all; but his own existence depends upon the mercy of the almighty force that leads him to an unknown, ultimate end. This all-pervading natural force works harmoniously in all creations, when it enters into an individual, it mingles itself with the physical and biological units namely tissue, cell, bone and other vital organs and assumes the form of a special immunity—a force with individual identity. Dr. Hahnemann describes this force as vital force vital principle or vital energy. So long as man acted in accordance with the laws of nature he was strong and healthy because the immunity was pure and perfect; but when he began to deviate himself from nature, disorder in body and mind began to prevail. This deviation from natural laws causes derangement in our vital principle. The date from which man began to disregard and disobey nature, he became the victim of psora-miasm. With the intrusion of psora-miasm, human conduct and mentality became disorderly.

Again, psora-miasm creates the breeding ground for other miasms like sycosis, syphilis, tubercular etc. in human body. Dr. Hahnemann discussed it in the 80th and 81st sections of his *Organon* and Dr. Kent also mentioned it in his *Homoeopathic Philosophy*. They authoritatively asserted that without the intrusion of psora, diseases would not have come into existence. These things, however, are known to all the physicians and therefore, needless to repeat.

In my opinion, a physician, who intends to learn about chronic diseases must have gone through the noted books like Hahnemann's *Organon*, *Chronic Diseases* and books on homoeopathic philosophy written by the classical authors. But at the same time, it should be borne in mind that these books were written more than a century back when human mental set-up and conduct was rather simple; with the passage of years, human behaviour and dietetics and other things have gone through radical changes. Changes have taken place in weather; there are other things like adulteration of food,

poisoning of food particles by the application chemical manures, insecticides and pesticides, air and water pollution by industrial technology etc. Nuclear explosion has also vitiated the atmosphere and their harmful particles with the help of air come down to pave the way for many abnormal diseases. These notorious things interact with our body and mind and make our body vulnerable to many new diseases. Moreover, various kinds of sulphur drugs, antibiotics, broad spectrums, hormone-therapy, vitamin-therapy etc. are being used blindly and indiscriminately without thinking over their reaction on human organs. The application of radium ray, x-ray and various cosmic rays has brought about such a change in human physique and brought in such medicinal diseases as our ancestors had never dreamt of.

Technically, a chronic disease is a blending of different miasms; it may be of hereditary or of acquired origin and thereby becomes complicated. These diseases become more complicated through the suppressive treatment of today. About a hundred and fifty years ago, Dr. Hahnemann, in the 75th and 77th sections of his *Organon* said, "These inroads on human health by the allopathic non-healing art are, of all chronic diseases, the most deplorable, the most incurable." If it was so in the past, then think how deplorable is the condition of a patient of modern times. This morbid condition is beyond description. In my professional experience of 47 years I had to deal with many such complicated cases among which success came in a few while failures were not rare. Many cases I could not cure, in some cases my treatment acted only as a palliative and in majority, I had to toil hard for years to keep them under my grip by Tautopathy and constitutional treatment according to symptom-similarity in reference to miasmatic manifestations. In the light of my experience, I should like to say a few words about such cases.

Patients, whose vital powers were strong, and violent reaction in the organism did not appear after the application of infinitesimal doses of homoeopathic medicine, were cured rapidly and radically. But many of the patients stopped taking the treatment as after the application of constitutional remedy, the old suppressed symptoms came on the surface although much had been discussed about consequences beforehand. Besides this, in case of a real chronic disease the root of which lay in chronic miasms, treatment had to be done patiently and judiciously because the blending of psora, syphilo-psora or other miasms made the cases all the more complicated and almost incurable; without applying high and higher centesimal potencies, cure could not be ensured. Again, by the application of 50 millesimal potencies, deeply complicated and too deep-seated miasms could hardly be eradicated. In 50 millesimal scale, the highest order of attenuation is 30th potency but it is not as much high as 10M, 50M, CM in the centesimal scale. Without the help of these high potencies, radical cure is not possible. My experience confirms the truth. I humbly assert that I have been using the

50 millesimal potencies for more than 18 years with due care and deep meditation.

I have already mentioned all about psora, sycosis, syphilis and tubercular miasms. In my book in Bengali entitled *Chronic Miasm—Samiksha—Pratikal*, I have discussed all these in detail but did not write about the new miasm named cancer miasm. This new miasm is a blending of psora, sycosis and syphilis miasms. The field had been created two or three generations ago by the parents, grandparents or great-grandparents; therefore the blending of miasms took place and was regenerated through inheritance. The suppressive treatment nurses their growth and consequently they take the shape of cancer miasm. The future generation thus inherits the cancer susceptibility. This new concept has been discussed in my work, *Cancer Gabeshana Chikitsa*. We should brood over the matter that no anti-miasmatic treatment can work well until and unless the root cause is totally eradicated—technically what is called 'remote causation'. This is found in the past history—sometimes the genetic history of the patient.

Remote causation may be classified as follows:

- (1) Traumatic experience.
- (2) Operations.
- (3) Drug miasms.
- (4) Viral diseases like smallpox, measles, influenza, whooping cough etc.
- (5) Bacterial diseases like sepsis, pneumonia, gonorrhoea, typhoid etc.
- (6) Mycobacterium and spirillum diseases like T.B., leprosy, syphilis, etc.
- (7) Parasitic diseases like malaria, filaria etc. and
- (8) Suppression of skin diseases like eczema, scabies, itch etc.

These causes produce a morbid influence on the vital dynamis or the power of resistance of the sick individual and he fails to get a complete recovery.

Here I should like to state two case histories, which will corroborate my concept.

Case No. 1: Sri Roy, age 27, suffering from chronic dyspepsia and diarrhoea. The case was recorded very carefully and treated with constitutional remedy according to his symptom-similarity but with no good result. On further enquiry it was revealed that at the age of 14, he fell from a palm tree and his head and spine were seriously injured; he remained unconscious for 24 hours and was given allopathic treatment. In this case Nat. sulph. 1M, 10M worked wonders.

Case No. 2: Md. Samim, age 21, a college student. He had severe whooping cough some 10 years ago and an allopathic physician treated him for three months; as a result he got chronic bronchitis and developed asthma. Pertussin 2C, 4 doses and Drosera 1M, 2 doses at proper intervals were administered and the result was very satisfactory.

In the light of the foregoing discussions, I am to say in conclusion that the area of chronic disease is a vast one in relation to time and incidents;

many a trifling matter sometimes results in the development of new miasms and all these things cannot be expressed in detail in a small article. But one thing we must always remember that an honest, sincere and dedicated physician, by patient observation and constant endeavour should dive into the patient's past including his heritage and find out the root cause of the chronic disease; then only his diagnosis would be correct and his treatment would shoot the target.

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