

## ASTHMA

(Translated from *Ruekert's Klinische Erfahrungen* by the late S. W. S.)

### *Ambra*

*General remarks*—I have found *Ambra* in the 2nd and 3rd centesimal triturations for dry and senile asthma useful, especially where patients complain of oppression in left side of chest extending to the posterior thorax and between the scapulae, as if originating from the heart, with palpitation, anxiety, dyspnea. I also found it useful in asthmatic conditions of scrofulous patients—*Hartmann*.

### *Antimonium tartaricum*

*General remarks*—The question as to which form of asthma this remedy has specific curative relation we believe can be answered with the aid of pathological and physiological findings. A fact which throws light on many pathological symptoms, and of which we can find immediately a proof, is that *local irritation in all parts covered by mucous membrane* is able to affect pathologically all respiratory nerves (total or single groups) causing convulsive motions. This asthma, caused by an irritation (catarrhal or hemorrhoidal) of the respiratory or digestive organs, which always is periodic, has in *Antimonium tartaricum* its specific action. *Carbo vegetabilis* is its rival, while *Arsenicum album* is suitable in asthma from hydrothorax, in organic pathology of the heart or larger blood vessels. *Phosphorus*, similar to *Antimonium tartaricum*, is never indicated in phlegmatic patients (according to Lobethal), but prominently effective in asthma of excitable, usually blond patients. *Antimonium tartaricum* corresponds more to asthma in torpid, quiet patients.

Attacks are aggravated when patient is lying down, forcing sitting up leaning forward to prevent suffocation; amelioration from expectoration of tenacious mucus. Mucous râles.

*Antimonium tartaricum* is indicated in danger of suffocation due to occlusion of air passages; aggravation evenings in bed, increasing till morning when amelioration comes gradually. While attack is very severe, anxiety is often increased by violent heart palpitation threatening to choke off heart's action. No organic heart trouble was observed—*Hartmann*.

A girl of 11 had been treated allopathically for two weeks on account of catarrh. *Symptoms*: Greatly emaciated; face pale, circumscribed redness of cheeks; patient lies on back, sliding down in bed; respiration short, fast; coughing frequently day and night without expectoration; loud râles especially on left side; percussion note sonorous, auscultation shows no change in lung tissue. Skin withered, dry; temperature slightly increased. Pulse small, thready, 120. Not much thirst. Meteorism, but not painful to pressure. Constipation.

*Antimonium tartaricum*,  $\frac{1}{2}$  grain in water,  $\frac{1}{2}$  tablespoonful every 2 hours brought continual improvement—*Rampal*.

A weakly clothmaker had nocturnal attacks of suffocation, followed by cough with increased difficulty in breathing; later cough with mucous expectoration and relief of breathing. When nights were bad, some breathing difficulty remained. *Antimonium tartaricum* 15c, given evenings, cured—*Neumann*.

#### *Arsenicum*

*General remarks*—Suffocative attacks evenings after retiring; oppression of chest from climbing stairs, etc.—*Hahnemann*.

Asthmatic attacks, especially after suppressed coryza, with panting breathing; gasping for air with sensation as if dust in trachea, especially around midnight and from motion, with groaning and restlessness—*Ehrhardt*.

Asthmatic attacks, especially in clearly nervous or hydrothoracic dispositions, are often helped or at least

much relieved by *Arsenicum* (except in developed hydrothorax where it is deceptive because patients who so long have gasped for air suddenly die. Often have I thought that repetition of *Arsenicum* in such cases annuls the action of the first dose)—*Lobethal*.

In no sickness, aside from intermittent fever and cancer, has *Arsenicum* enjoyed such great reputation among physicians as in asthma. Capillary bronchitis in the aged with tough mucus, râles in chest, difficult breathing threatening pulmonary paralysis are indications for *Arsenicum*—*Frank*.

Severe oppression with anxiety, restlessness, heat, thirst, small rapid pulse indicate *Arsenicum*—*Kreuss*.

In most severe attacks, after suppressed coryza, aggravation toward midnight with râles in chest, anxiety, restless tossing about, especially in old patients, aggravation from walking and motion, pressure in region of heart, *Arsenicum* helps. Later, if there is an aggravation, *Ipecacuanha* may be indicated; at times, if aggravation occurs the next morning, *Nux vomica* may be indicated—*Hering*.

A cavalry man during maneuvers became ill. *Symptoms*: In stormy weather with thick atmosphere and while walking fast, or in tight uniform, or change from warm to cold, even from laughing loudly, patient developed asthma forcing him to stop. At the same time he feels pressure on chest with fear, and is alternately hot and cold. The attacks leave him gradually after expectorating sticky, white mucus. Such attacks may last an hour. Aggravation when entering a warm room. No remedy has helped during these 5 years. *Arsenicum* 30c in daily doses relieved and cured—*Gross*.

A man has been sick for 8 years. Attacks evenings when retiring. *Symptoms*: Asthma with whistling expiration. Oppression in chest and larynx, relieved when leaning forward. Great anxiety with perspiration for 3 to 4 hours, better toward midnight. Working in his wine cellar

aggravates. *Arsenicum* 30c cured, permitting patient to work in his wine cellar 6 to 8 hours daily—*Attomyer*.

A man of 32, tall, slender, has had asthma for a year. Allopathic treatment did not relieve. *Arsenicum* 30c one dose cured in 4 weeks—*Gaspary*.

A man of 78, of gentle disposition, was cured of asthma 3 years ago with *Arsenicum*. He then developed laryngeal catarrh which a cold changed to bronchitis with asthmatic attacks. His expectoration is difficult. *Aconitum* relieved in 24 hours. Now his pulse is intermittent and weak; he has rattling breathing with much mucus expectoration; appetite is lacking; insomnia; believes he is dying. *Arsenicum* 2c cured—*Frank*.

A man of 46, strong, has for 16 years suffered from flatulence, and during the past few years complained of tightness in chest, dry cough, loss of appetite, anxiety about every 2 or 3 weeks, usually nights, driving him out of bed, must sit up and is sleepless; relief from coughing up mucus. Vexation and exertion aggravate. *Arsenicum* 30c relieved in 2 hours. A year later still well—*Schulz*.

#### *Asafoetida*

A man in the thirties, scrophulous from childhood, has always been asthmatic. Has had at least one attack daily from any physical exertion and after every meal. *Asafoetida* 9c, a daily dose, cured completely. A recurrence a year later was also cured by *Asafoetida*—*Lobethal*.

#### *Bovista*

An unmarried lady of 21 had been treated for a long time allopathically and homœopathically for spasmodic attacks of asthma, getting worse continually; aggravation from mental emotion; has several attacks daily. *Symptoms*: Before attacks, gnawing and stitching pain in throat and cutting pain in tongue as if cut by knife. This is accompanied by convulsive motions of all facial muscles, followed by hysterical laughing and crying with constrict-

tion of throat and trachea, or by sensation as if throat would burst; also contraction in chest making breathing and talking difficult. The usually pale face turns dark-red. All worse before otherwise normal menstruation. Characteristic seemed the premonitory pain in tongue which indicated *Bovista* which was given in the 18c potency every 4 to 7 days. After 12 doses patient was cured; she remained well after 6 years—*Schultz, Sr.*

*Bromium*

A girl of 16 had suffered from asthma for 10 years following measles, can not walk fast, nor climb stairs without exhaustion; she was cured by 5 doses of *Bromium* 30c—*Hering.*

*Calcarea carbonica*

It cured asthma occurring when stooping—*Hahnemann.*  
This remedy was very useful in scrophulous subjects—*Kreuss.*

A girl of 18 had suffered from asthma for 2 years. *Symptoms:* Sensation as if lower part of thorax were squeezed together; previously attacks had appeared seldom, but became more frequent and now there are really no intermissions. Aggravation mornings and from climbing stairs, as well as from exertion. Eating does not influence, nor atmospheric changes. Heart action and percussion normal, as are also respiratory sounds between attacks; but during the paroxysm loud whistling is heard from afar. Patient has no pain, and all other functions are normal, except that painless copious menses last 7 days without affecting attacks. Provocative moments not known. *Nux vomica* 6c, *Arsenicum* 12c, *Phosphorus* 3c, *Lobelia* 6c accomplished nothing in three months. *Calcarea carbonica* 6c soon relieved and cured completely—*Sommer.*

*Cannabis sativa*

It is especially suitable in orthopnea where patient can only breathe when sitting upright with head stretched

forward; whistling in trachea; severe action of abdominal muscles; greatest restlessness and anxiety, especially before midnight while lying in bed. Hartmann found this condition only in hydrothorax which was secondary to a progressive cardiac hypertrophy.

A man of 60 has periodic asthma, must then stand by open window with upper part of body stretched forward to prevent choking. Several remedies failed, but *Cannabis* 30c cured—Gross.

*Carbo vegetabilis*

This remedy is indicated in acute and chronic cases of asthma in which patients are cold, extremities icy cold, pulse slow and intermittent. Sometimes there is real muscle rigidity, hands and feet numb, nails blue. Often an attack is followed by severe shaking cough—Kreuss.

A woman in the 30th year, following overwork nursing, was very weak, nervous, had fever and bronchial catarrh; too weak to expectorate accumulated mucus with severe coughing attacks. *Symptoms*: Has to sit up in bed, can not lie down; cold face expresses mortal fear; nose pointed; bathed in cold perspiration; cough short, usually dry, breath becoming shorter and difficult. *Carbo veg.* 30c was given; steam inhalation every 5 to 10 minutes. Almost immediate relief. Patient convalesced quickly and was entirely well—Lobethal.

*Chamomilla*

*General remarks*: *Chamomilla* helps where there is constant ineffective trial at coughing with severe pressure on chest and heart, or where no perspiration occurs; attacks after intense anger—Hering.

Breathing difficulty in children during windy weather; where in previously healthy children the epigastrium and hypochondria become tensely swollen, with restlessness, tossing about in bed, crying, drawing up legs, shortness of breath. Here *Chamomilla* is almost specific—Hartmann.

*China*

Asthma with whistling breathing and mucous râles threatening suffocation nights when awakening; or where breathing is only possible when sitting up, where patient perspires and takes cold easily—*Hering*.

*Conium*

*General remarks:* Indicated in senile asthma (when beginning hydrothorax is not causative) with fast breathing from least motion and dry convulsive cough. Here *Conium* is unsurpassed, which can be curative where patients are not too old—*Lobethal*.

*Cuprum*

A boy of 6, usually well, had crusta lactea when very young which was quickly suppressed by salves. After every cold develops dyspnea with convulsive cough and chest râles. When trying to breathe deeply, has cough with whistling inspiration. Dyspnea aggravated by coughing, laughing, fast walking; epigastrium sensitive to pressure, all aggravated when going to bed. During attack patient has to sit up bent forward; white mucous expectoration; heat and perspiration of entire body; abdomen painful to pressure, especially hypochondria. After attack has cough similar to pertussis with pain in epigastrium. *Cuprum carbonicum* 15—*Knorre*.

A woman of 33 has chronic asthma following a fright. *Symptoms:* Menses were scanty, but now profuse for 5 to 6 days, preceded by congestion with palpitation; during menstruation daily asthmatic attacks. Shortness of breath always, must often take a deep breath especially when walking fast or climbing stairs. Dress feels too tight over epigastrium. Attacks force patient to lie down, begin with hiccup, contractive sensation in chest, can neither speak nor breathe. Fast breathing with panting; chest expansion shallow while abdominal muscles act convulsively. At the height of attack convulsive contraction of facial

muscles, trunk and extremities, while face is high-red, almost swollen, finally covered with hot perspiration. Severe pressure over epigastrium shortens or ends attack. Exhaustion follows attack. Several attacks daily.

*Cuprum aceticum* 30c was given, after which attacks came less often, were less severe; four weeks later after great provocation she had only a little shortness of breathing. At the beginning of menses severe congestion with inclination to spasms. *Mercurius solubilis* 2c cured this. After one year new attack following triturating verdigris was also cured by *Mercurius*—Gross.

#### *Ferrum*

Nocturnal attacks from erethism of the vascular system and congestion to chest. Aggravation from sleeping on back and covering of chest; better from sitting up and total uncovering of chest—Knorre.

#### *Hepar sulphur*

A patient (tenor singer) had suffered three years ago from dry, red herpes over epigastrium, with painful chest oppression. Allopathic treatment did not help. *Symptoms*: Sleeplessness on account of difficult, whistling breathing with râles, much mucous expectoration; drops off to sleep, is awakened by attack of suffocation, has to get up and breathe open air. During the day patient is free from attacks and can do his singing. *Sulphur* 30c did not help in 20 days when *Hepar sulphur* 30c was given with primary aggravation for 5 days, but cured when herpes appeared again as he had it 3 years ago—Perussel.

#### *Ipecacuanha*

It is valuable in recent attacks; pulse small, slow; extremities cold; asthma, especially in children—Kreuss.

A patient has suffered from chronic cough threatening suffocation. Allopathic treatment did not help. *Symptoms*: Cough dry; convulsive, shaking; patient fainting;



every attack threatens dying; dashing cold water over him brought him to sense again. *Ipecacuanha* 3c, two doses, cured lastingly in a few days—*Sonenberg*.

A woman of 72, melancholic temperament, light brunette, spare-built; hemorrhoids, congestive-spastic pelvic symptoms, had seizures of severe spasmodic cough with pronounced attacks of repeated choking during the day or night, which several homœopathic remedies did not influence; great exhaustion. *Ipecacuanha* 2c did not help, but *Ipecacuanha* 30c immediately brought several hours of rest and cured—*Kaempfer*.

A child of 2½, pale, thick, spongy, had a convulsive attack; crying pitifully, continual râles, opisthomonos; green stools; face alternatingly hot or cold; pale. *Aconite* and *Belladonna* did not help. *Ipecacuanha* 9c cured soon—*Bethmann*.

#### *Lachesis*

Indicated in peevish, morose, excitable patients with aggravation after sleeping—*Hering*.

A man of plethoric constitution with predisposition to hydrothorax has for years suffered from periodic attacks of asthma daily with or without special cause. *Symptoms*: Awakens after midnight with sensation of strangulation, also in early morning when rising quickly; breathing slow, hard, whistling; must sit bending forward. *Lachesis* 30c was given. The following night a slight attack; after that could rise up quickly without trouble—*Hering*.

#### *Lobelia*

Dr. J. states that he found the 6c to the 15c potency especially indicated in continuous dyspnea aggravated from light physical exertion and from slight colds to real asthmatic attacks. Sensation of oppression and weakness in pit of stomach extending into chest, with or without burning pain, and stomach spasm; sensation of lump of mucus in suprasternal fossa. Pain in forehead from one temple

to the other; backache in region of last spinal vertebra; pain in left side of chest. Urine dark. I have often observed that dyspnea is not always due to thoracic disease, but often to gastric disturbance. *Lobelia* relieved both.

The main action of *Lobelia* in asthma seems to be in degeneration of the bronchial mucous membrane caused by inflammation of larynx, trachea or bronchi. *Symptoms*: Dyspnea with short, fast breathing and frequent desire for a deep breath; tightness in chest worse from least exertion, draft and eating of heavy food; periodic spastic asthma in adults—*Hartmann*.

*Lycopodium*

A man in his fifties suffered often from cramps in stomach; 2 years ago he had arthritis; head and stomach troubles aggravated; angina pectoris. Losing strength. *Symptoms*: During asthmatic attacks has restlessness in epigastrium, stomach and upper abdomen; pain from stomach to back, in hypochondria and epigastrium with oppressed breathing, fear, sighing; congestion from abdomen over chest to head with red shining face, vertigo with exhaustion. Stomach cramps end in eructation, nausea, aversion and weakness. Such attacks at times lasted from afternoon into the night, ending in mucous vomiting. *Lycopodium* 18c cured—*Schelling*.

*Nux vomica*

It is especially indicated in asthma of hysterical patients; in angina pectoris, where relief is had from turning on the other side while lying in bed, or getting up from bed, or lying down; in asthmatic attacks due to anxious dreams; in sensation of too tightly fitting clothes; in attacks of stomach spasm—*Hartmann*.

Asthma from chest congestion with sensation of oppression; skin warm, inclined to perspiration; pulse full, fast, hard—*Kreuss*.

A minister of 44, robust, has suffered from asthma and abdominal troubles for 13 years. All possible allopathic

remedies did not help. *Symptoms:* Walking and every exertion immediately causes constriction of chest with dyspnea, has to sleep sitting in a chair. After midnight and toward morning, increased dyspnea forcing him out of chair when for hours he has to stand up leaning with hands on table for a long time on account of chest constriction. Breath slow and whistling, accompanied by dry, exhausting cough. Anxiety all through body. Aversion to black (rye) bread and meat; very little eating makes him feel full; eructation sharp, acid; least food causes full feeling in liver region with stitching, pressing pain sensitive even to touch. Diarrhea with tenesmus; mucous matter, often alternating with constipation or hard blood-mixed feces; vertigo with heavy head. Sleep full of fear and anxious dreams. Face sallow, yellowish. Disposition cross, especially mornings. Dislikes mental exertion. *Nux vomica* 15c was given for a few months and cured—*Stapf*.

#### *Phosphorus*

Difficult, loud, panting breathing—*Hahnemann*.

In asthma following chest inflammation, or in other respiratory affections, I have found *Phosphorus* valuable, which, if not curative, is quickly palliative, especially in sensitive, usually blond patients—*Lobethal*.

A boy of 10, scrophulous constitution, gradually became lazy, not wishing to learn his lessons, was cross and sullen. His florid complexion changed to sallow; loss of appetite, but stool normal. Suddenly he complained of cutting stitches in abdomen, which soon located in chest and became almost like *angina pectoris*. Then he could not get air, face deathly pale, eyes sunken with dark rings. Such attacks lasted several minutes and were repeated often. *Phosphorus* 19c, four doses, one every 72 hours soon cured—*Gross*.

My son had *crusta lactea* when a child, which was then suppressed by external remedies (*von Boenninghausen* was not then a believer in *Homœopathy*, s.w.s.). A

few weeks later he suffered from angina pectoris every 4 weeks, often lasting several days. Could breathe only with great difficulty in sitting position; cold perspiration; during attack could neither speak nor move without severe aggravation, while he had to sit in chair during attacks for 6-8 hours, leaning forward; usually without sleep. *Phosphorus* in large, often repeated doses caused many proving symptoms and much aggravation. Repeated doses of *Coffee*, *Nux vomica*, *Ipecacuanha*, *China*, *Veratrum*, *Arsenicum* were needed to revert the condition to its former state. The treatment began again with *Sulphur* 60c one dose; in two weeks *Nux vomica* 30c. In two weeks the symptoms were again as first reported, and *Phosphorus* as much indicated as then. *Phosphorus* 30c brought out a number of primary symptoms, followed by improvement. *Phosphorus* remained the chief remedy till a complete cure was obtained, with interposition of *Nux vomica* and *Hepar* when indicated—*von Boenninghausen*.

#### *Pulsatilla*

This remedy also helps when vertigo accompanies asthma with weakness in head. Insomnia, palpitation, heat in chest are present and breathing is impeded deep in chest—*Hering*.

It is valuable when asthma is due to hypertrophy of pulmonary mucous membranes, evidenced by raising masses of degenerated mucus, after which examination still detects bronchial respiration as in emphysema (asthma humida)—*Hartmann*.

A man of 37, choleric temperament, has suffered since early youth from catarrh of throat; after taking cold had the following symptoms: Suffocative attacks every night around midnight awakening him from sleep; cough with expectoration of tough white mucus; the cough is caused by tickling in posterior part of throat, causing quick attacks and gagging so patient could hardly breathe. Also yawning started coughing. Is awakened every night at

12 o'clock by mild cough followed by constriction in throat making expiration difficult. After attack of a few seconds with great anxiety, a thrust with expiration ends the attack. Then patient has to swallow a few times. Eructation follows, then urging to urinate.

*Moschus* helped very little, *Sambucus* only transitorily, as also *Veratrum* and *Hepar*. Finally, when awake before an attack, patient had the sensation as if a mucous film were hanging from palate to tongue causing suffocative attacks. One dose of *Pulsatilla* cured all symptoms—*Neumann*.

A woman of 44, weak constitution, had suffered from asthma for four months when menses ceased. *Symptoms*: Cough with scanty expectoration accompanied by gagging and vomiting of some bitter mucus towards end of attack, especially toward morning, rarely during the day. Severe palpitation during cough and vomiting. Periodic dyspnea after cough and when fresh air strikes her through open window or door. Burning facial congestion with burning in eyes with attacks of chills over body; very little thirst. Tremor of extremities. Loss of appetite; foul taste after eating and drinking, bitter taste mornings. Very emaciated. Great weakness; walking even in room laborious. Mind depressed. *Pulsatilla* 15 cured in 12 days—*Wislicenius*.

A girl of 20, weakly, delicate. Difficult menses started when she was 16, and since has suffered from asthma. *Symptoms*: Chest oppression as if she could not inhale enough air; aggravation from motion, walking uphill. Cough less when she sits, short, produces much mucus after a few coughs. Oppression worse after eating, but especially after evening meal. When lying down in bed, sensation as if larynx were constricted, must then sit up; the same sensation when lying down. Sleep disturbed by attacks of fear, better when sitting up. All symptoms better after 2 or 3 a.m. Menses on time, but lasting only 2 or 3 days; discharge thin with abdominal cramps from

back to thighs, preceded and followed by severe asthma with thirst. Mental disposition quiet, mild. *Pulsatilla* 12c cured completely—*Hartmann*.

*Sepia*

A lady of 49, corpulent, hoarse voice since scarlatina when 5 years old. During winters she suffers from severe cough. After a cold, windy draft had bronchial catarrh with suppression of expectoration and increased coughing, giving patient no rest neither day nor night. Soon orthopnea, had to sit up nights out of bed with loud, anxious râles; severe soreness and oppression in chest, threatening asphyxiation. After several other remedies, *Sepia* 3c was given with severe aggravation and chest congestion threatening asphyxiation with sensation as if larynx were constricted; but soon expectoration ended all troubles and patient was cured—*Nithak*.

*Spongia*

A lady of 19, well-built and nourished, had been scrophulous until she was 14, from which period remained swollen cervical glands. For the last 3 months, following a cold, she has suffered from cough and asthma under allopathic treatment. Menstruation has stopped. *Symptoms*: Head feels full and heavy, as if all blood went to head, with vertigo. Face alternately red and pale. Several small cervical glands are painful. Thyroid gland much enlarged, painful to pressure and when turning head. Burning in dry throat. Stool daily following pressure and borborygmus. Has not menstruated for two months but, when the flow is due, patient complains of severe backache and abdominal pain. Asthma. Cannot breathe freely; respiration with râles and panting. Every little exertion causes asthmatic attack after which patient feels weak with congestion in chest and head with red face and anxiety as if she would faint. Walking, and especially climbing stairs, very difficult. Worries much about her sickness, fears she will asphyxiate in an attack.

*Spongia 12c* improved in 6 days, when diarrhea set in with passing of ascaris. Up to 20 days after taking *Spongia* patient had no attack. After taking *Calcarea carbonica* menses appeared. Two years later she was still well—*Gaspary*.

#### *Sulphur*

*General remarks:* Difficult, short breathing with râles and visible palpitation. Nocturnal attacks of asthma with sensation of fulness and heaviness in chest—*Hahnemann*.

*Hahnemann* considers *Sulphur* a chief remedy in asthma, especially when several of the following symptoms are present: In cold moist weather the voice is deep and hoarse; mucus in throat and chest, causing coughing followed by tightness in chest: difficult breathing especially when sitting (more so than when walking). Cannot take a deep breath because chest seems to be constricted. Whistling breathing. Severe asthma after walking, as if chest were compressed. Nocturnal attacks, can then not get her breath; periodic attacks of angina pectoris—*Hartmann*.

A man of 64, apoplectic habitus, active, has seldom been sick. *Symptoms:* Hemorrhoids, when much swollen, cause asthma and finally nocturnal attacks of suffocation. Under much fear and pronounced chest compression respiration stops. Patient then fights for air, jumps out of bed trying to get relief in some way. Palpitation following attacks which occur repeatedly during the night lasting several minutes. *Sulphur 3c*, every 4 days. Soon the hemorrhoids bled and all trouble vanished—*Hoffendahl*.

A woman of 62 had chronic asthma, was much improved by *Sulphur 30c*—*Schelling*.

#### *Veratrum*

In chronic asthma *Veratrum 24c* is indicated where the spastic symptoms are prominent with a small pulse, skipping beats at times, cold skin; nausea; vomiting before and after attack—*Kreuss*.

*Veratrum* is often indicated after *Ipecacuanha* or

*Arsenicum*, especially where asphyxiation threatens even when sitting up and moving around; pain in side of chest, hollow cough and cold perspiration; face and extremities cold. It is especially indicated when lying still relieves slightly—*Hering*.

Attacks of strangulation of throat to asphyxiation with almost cessation of respiration; contracted pupils or bulging eyes. Very difficult breathing.

*Zincum*

Convulsive shortness of breath; mucous râles; increasing breathing difficulty without sensation of fear, when patient has not expectorated for a long time; relief from coughing up mucus—*H*.

—*The Homœopathic Recorder, Dec., 1955.*

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## A TRUTH IGNORED

DR. HARVEY FARRINGTON, M.D.

*"Then dawned to me the first ray of that method of curing which was to soon brighten into the most splendid day."*

It is more than 160 years since Hahnemann wrote these prophetic words. During this period, Homœopathy has gradually spread to the far corners of the globe. Its beneficence has been shared alike by king and peasant, rich and poor, the presidents of the great republics of the western hemisphere and the man on the street. Emperor Napoleon III, Princess Eugenie, the Royal Family of Great Britain, Goethe, Longfellow, the most beloved of American poets, and other noted personages were its loyal patrons; and what is of greater moment, it attracted the attention of some of the keenest minds among physicians of the old school: Benjamin Rush, who decried the prevalent "childish physiochemical conception of the human being", Neuberger