

responding derangement of the mind. If, however, the derangement of the nervous system is very violent or long lasting, the mind is no doubt affected, but that happens in the case of all serious physical ailments also.

So it is found that the nerve force answers fully the description of the Vital Force given by Hahnemann or Dr. Kent. It possesses all the attributes, and discharges all the functions of the Vital Force. The disease and its cure can also be defined in terms of the weakening or strengthening of the nerve force. The Vital Force of Hahnemann can, therefore, be fully identified with nerve force or nerve energy.

---

### HOMŒOPATHY IN CURING GOITER

DR. A. S. M. SERAJ-UD-DAHR, M.A., D.LITT., M.D.H., RAJSHAHI

Goiter is called "Bronchocele", "Basedow's Disease" or "Derbyshire Neck". This malady is nothing but the enlargement of the Thyroid gland. This disfigurement is caused from a permanent enlargement of one or both the lobes of the Thyroid gland,—in front of the throat. The varix, as it increases, obstructs inspiration, for the swelling exerts pressure against the windpipe.

Goiter is prevalent in parts of the Himalayas, the Alps, in Derbyshire (England) etc. It occurs more in women than in men. Enlargement of the Thyroid gland may appear at puberty, during pregnancy and lactation or at menopause.

This malady has some relation to the supply of Iodine to the tissues of the body. The secretion of the Thyroid contains an organic preparation of IODINE and goiter is caused by an increased effort to maintain or increase the supply of Iodine to the tissues. This effort of the Thyroid is due to a lack of Iodine in daily diet or some infection in

the body, to combat which, an increased flow of the Thyroid secretion is necessarily required.

The Thyroid may be infected by polluted drinking water. The water from under the earth (of well, tube-well etc.) is impregnated with lime, magnesium, iron and other minerals and so this water is called hard water which is not drinkable at all. But people use it without boiling and suffer from Goiter,—aided by dark damp dwellings and unwholesome and insufficient food. Goiter is also, sometimes, associated with uterine irregularity.

Goiter may be divided into three heads:—(1) Parenchymatous which is simply Hypertrophy of the Thyroid Gland, but the normal structure of which is retained. (2) Filero-Adenomatous in which swellings consists of fibrous tissues. (3) Cystic in which cysts contain fluid. A cyst is a Greek word which means a bag containing fluid or water.

As the Thyroid gland contains Iodine, Iodine or any preparation of it may be used as a curative remedy for Goiter. Consequently Thyroidium or Thyroidin is also very efficacious to cure Goiter. But the Homœopathic cure depends on the symptomatology of the disease and the constitution of the patient and not on mere Terminology and nomenclature of the disease.

There are various remedies in the Materia but Thyroidinum or Thyroidin, Iod., Kali Iod., Spongia, Bell, Caps., Lycopus, Ferrum Phos., and Met., Nat. Mur., Glonoin etc. may be required in some cases or other—according to the Symptoms and the constitution. But the following case was most wonderfully cured recently by me without all those remedies mentioned above.

Patient:—M. Rahman; age 24 years, student, inhabitant of Maldah District, came to me at 4 P.M. on 13th April, 1954.

History:—Feels headache on studies sometimes; no complaint in ears; eyesight and eyes are all right, only feels haziness after long studies; no coryza; no bleeding from the nose; teeth all right and white; coughs some times on taking

cold; lungs all right—rather dry; pulse-beat “71”; respiration “16” per minute; breathing some difficulty on pressure upon goiter; no complaint in stomach except some flatulence after taking meat; stool yellow and normal; no urinary complaint or venereal disease in life; no pain or swelling in extremities; neither burning nor any troublesome sensation; sleeps sound but dreams a little about short and long journey on foot: at 8th year of age attacked with Typhoid and recovered in a month under Allopathic treatment; used well-water (hard) at home without boiling; residence of Maldah District. Goiter not hereditary; except his cousin brother (son of maternal uncle) having a little elephantiasis on his left calf; dark complexion and stiff hair.

Goiter-examined:—Distended swelling; not so hard; a little pain under pressure. Goiter began to appear at his 11th year (three years after Typhoid); since then, under Allopathic, Ayurvedic, Hekemi, Homœopathic and quack treatments (for long 13 years)—without any effect; gradually increasing in bulge: general health good; for last 3 years under Homœo. treatment without effect; except gradual aggravation.

Treatment:—I could not find out any red-line symptom! But I surmised that Homœo-doctors might have applied all the common remedies—generally found in *materia*, mentioned above. So I did not mind to apply any of them. I gave only Placebo and asked him to come next evening. But he told me that that time was of moonlight and he did not like to come out in moonlight, as he felt uneasy then. He was asked to come next morning. During the night I consulted the Homœo-authorities. Such as, —Bœnninghausen, Cowperthaitte, Nash, Kent, W. Bœricke Laurie etc., but could not satisfy myself at all! But at last I obtained the *Ureka*, “Complaints for Moonlight” in W. Bœricke’s *Medica*, in *THUJA* and consulted Laurie which reads, “Thuja is particularly indicated when the superficial veins of the swelling are distended, turgid,

varicose and painful." Next day—I applied Thuja 10M once a week and Thuja liniment externally four times a day, and after two doses the big bulge was reduced to 16 inches and after one dose more it became 12½ inches in roundness i.e., quite normal. In only a month he was completely cured. He is still all right and appears in the next B.Sc. Examination.

All kinds of curative and current treatments (for 13 years!) including wrong way of Homœo., except the Electric one which he did not try—, absolutely failed to do the wonder. Thanks to Homœopathy, the only most efficacious Healing Art and Science—presented to Humanity—by the greatest Scientist, Inventor, Philosopher and Philanthropist—"Maharsi" HAHNEMANN of Germany, who is also the First Precursor and Harbinger of the Modern Atomic Power, so immense and so immeasurable !!

---

### IS THE GERM THEORY TENABLE

DR. HAFIZ MOHAMMAD SHAFI, M.A., LAHORE

*Address by the Secretary General of the Pakistan Homœopathic Association at the Celebration of the 199th Anniversary of Hahnemann's Birth, April 10, 1954.*

All through the past century and even to the present day, the popular conception of disease is that we "catch" it or become infected by it. Orthodox medicine would have us believe that disease is caused by certain microscopic beings called bacteria, which are supposed to gain entrance into the body, and from that moment disease commences.

Louis Pasteur, a contemporary of Pierre Jacques Antoine Bechamp, not a physician but a chemist, or rather an apothecary, attributed to germs the role of invaders, believing that since certain germs were supposedly always