

SOME OF MY CLINICAL EXPERIENCE

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[DR. S. P. KOPPIKKAR, B.H.M.S. (Cal.), introductory speech :

We are very lucky to-day to have Dr. Sargunar among us and we are indeed very lucky that he would like to give some of his clinical experiences which, I am sure, will be both very interesting and unique. Our work is so peculiar that every case becomes a new case because the patient is an individual, and what we have seen in the previous case cured with a particular remedy, for the next case of the same nature some other new remedy may be required, and the more we hear from different Physicians of their experiences, the better it is for our study and our advancement. I request Dr. Sargunar to speak about his clinical experiences.]

Dear President, Vice-Presidents, Secretary and Friends,

First, I should apologise that I was not prepared for any lecture to-day since my presence here is unexpected and not planned earlier. I am very proud to call myself as a Homœopath. I shall place before you some of my clinical experiences.

Case No. 1. A child aged about 9 years was brought to me some years back. The child had catatonic posture. Almost all the systems of Medicine including Homœopathy had been tried and exhausted, without any improvement. This case came to me then. One drug, after another was tried by me. As a scrupulous Homœopath, I thought over it, since no remedy was able to help this patient. Though I found some improvement from these drugs, but no noteworthy improvement set in. Therefore I was much disappointed. I do not mix two drugs; even I don't alternate drugs. I am a Hahnemannian Homœopath. Homœopathy never goes wrong; since there was no marked improvement in this case, I feared whether the system has gone wrong. The father of the child was working in a printing press. I thought that lead poisoning from the father might have been transmitted to the mother and from the mother to the foetus in utero (thus affecting this child). I remembered to have read somewhere about lead poisoning. Hence I tried to antidote lead poisoning in the child, basing on the idea "why not I try Lead in high potency as an antidote". Hence I gave Plumbum metallicum in a high potency. The result was nothing short of a miracle. Complete catatonic state passed away. Even to this date, the child leads a normal life, though the child was classified as having Schizophrenic catatonia.

Case No. 2. *Obstinate Dermatitis in a child:* This child was having dermatitis and all systems had been tried without improvement. All kinds

of suppressive treatments were given before and now the child was developing cyanosis. Skin diseases should not be suppressed. I repertorised this case, basing on 'symptom totality'. Symptom totality is the governing rule and because we do not take into consideration the same, failures result. I thought in this particular case, the symptom totality (pertaining to the patient) does not give the clear picture. Hence I made a closer study of the mother of the child. She had Influenza when she was pregnant. This is a simple statement but you should record it, since it is invaluable in prescribing. Hence I gave Influenzinum to this child and it became completely all right in every respect. I gave 200th potency initially and since there was no improvement, I gave 10M, and though it aggravated at first, then cured.

Case No. 3. Summer Boils: The patients having this complaint are generally prescribed Sulphonamides, Vitamin C, Calcium etc. by the Allopathic School. In our family, my sister-in-law's child had summer boils in plenty spread all over the body. Her family consisted of a number of Doctors who had their own consultations for this patient. But no improvement could be effected for this child. The child developed 'Infantile eczema' (it was named as such—actually the boils joined together resembling eczema). I asked whether the child had eczema before developing these boils and the reply was negative. You know the remedy for crops of boils. It is Arnica Montana. I administered Arnica Montana 6 every 3 hours. All the boils and the so-called 'Infantile eczema' disappeared. There was no recurrence.

There are other drugs for this complaint: Sulphur is most commonly used here. According to 'symptom totality' these drugs are prescribed.

Case No. 4. BOILS: A Doctor's son, studying Medicine, came to me with angry-looking boils; almost all the antibiotics have been tried without much improvement. I observed that his face was bright red with congestion and naturally, Belladonna came to my mind (since it is also a remedy for blood boils). I gave Belladonna—a few doses—to be repeated often, if necessary once in 2 hours. 3 to 4 days after this, the Doctor came to me and asked me the name of the remedy. I told him that I shall name the remedy after his son becomes completely cured. This patient could not sleep at night and had nocturnal cough. As he was recovering under Belladonna, he had neuralgic pains. Then I thought whether I was suppressing his boils. Hence I told the patient not to repeat the drug very often. When I started withdrawing the drug, the symptoms again returned but the boils were not so angry looking, and looked like prickly heat. Because I had so remarkable and quick result from Belladonna, as I had expected, I hesitated to change the remedy, but went to a high potency. Subsequently, Apis was given to this patient, and this finished the cure. To this date, the patient is all right.

Surgery in Homœopathy: I have treated a number of cases of Tonsillitis with considerable success, and I can put it at almost 100%. If you know your Homœopathy thoroughly, you will be able to cure Tonsillitis. The principle of Tonsillectomy for these cases is not wholly true, even though.

it is the treatment according to the Allopathic system and we cannot say that it is wrong, since they do not have any other treatment for this. Tonsillectomy has to be resorted to in some cases, but it is only a relative truth.

Case No. 5. One year back, a case of Septic tonsillitis was brought to me. The patient had high temperature. The patient was very restless. I thought of Aconite which is indicated in synochal fevers. I prescribed Aconite which ameliorated but I thought as to why should I experiment. Hence I asked the patient whether he wants permanent relief or quick and temporary relief. He said: 'both'. Then, subsequently he said that he will patiently bear the pain. There was fluctuation. I thought of Hepar sulph, Silica, Gunpowder etc., Gunpowder seemed to be the drug of choice. In all these cases, Gunpowder 3x to 6x trituration had been quite good, which was prescribed by me and the temperature came down and the swelling also got localised. Subsequently, one drug after another I started to give, but none of them cured him permanently. After the acute phase was overcome as stated above, I took family history of the patient. The father of the boy had pleurisy. In India, the commonest cause of Pleurisy is Tuberculosis. Hence, I thought that this boy had tubercular diathesis. I prescribed Tuberculinum and then the recovery was uneventful.

Many of the things stated in our Repertories are not complete or sufficient. We have to supplement. After Tuberculinum, Psorinum automatically follows. Psorinum is a very grand remedy for Tonsillitis. It has the symptom 'liable to catch cold frequently'. When Psorinum is used properly, it cures the tendency to recurrent colds. Sometimes, books cannot give full details and sometimes we are discouraged by reading them. Try to note the experience of others. Only certain features can be presented in the books. This is my advice for all beginners.

In sprains, Carbo Animalis is a grand remedy which is not thought of commonly. I brand Calc. carb as the chief remedy.

NEW POSSIBILITIES FOR OBTAINING MENTAL SYMPTOMS

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symptoms in this sphere so full of psychical connections, and how easy the questioning becomes after affirming our queries about indications which our patient will no longer resolutely deny!

With the foregoing a small window opens upon a vast field whose wealth of symptoms will guide our steps in the questioning and facilitate the exhausting labor of the homœopath.

—*The Layman Speaks, Sept., '60*
