

A CASE OF ACUTE GLOMERULO TUBULAR NEPHRITIS

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Introduction

The kidney diseases are quite easily amenable to proper homœopathic treatment, and all the three types of Nephritis are not exception. But a word of warning, apart from proper medicinal treatment the management of the case regarding the diet and regimen are also very important then alone success shall follow, such an interesting case has been treated in my hospital.

A patient named Master M—, 4 yrs. of age, Hindu. Male, was brought to my hospital with the following complaints.

- (1) Fever—since 8 days, temperature 99°F. with productive cough.
- (2) Dryness of the mouth with great thirst for cold water.
- (3) Anuria—passes very scanty, high colored urine, 2 or 3 times in 24 hrs.
- (4) Chronic diarrhoea—loose watery evacuation 5 to 6 times per day, which makes the little patient very exhausted.
- (5) Oedema of the face, eyelids, upper and lower extremities, scrotum with Ascites.
- (6) Violent itching of the whole body with burning of the palms and soles.
- (7) Very, very irritable and restless.
- (8) Fair complexion with red hairs.

Past History : used to suffer from tonsilitis

Physical exam : Pulse—95/mt

Temp—99°F

B.P.—elevated.

Abdomen : Shifting dullness— + +

Fluctuation test—Positive

Investigation : Urine—Albumin + +

Sugar—nil

Casts +

(hyaline)

Provisional diagnosis : Acute glomerulo tubular nephritis

Treatment : Prescribed "Phosphorus 30/1d

(Fractional does) on the following symptoms.

- (1) Oedema of both eyelids
- (2) Fair Complexion with red hairs
- (3) Loose watery diarrhoea

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of the American Institute of Homœopathy at the Washington meeting in 1892. In the summer of 1876 he served as a volunteer relief physician in the terrible epidemic of yellow fever which devastated that section, being assigned at Chattanooga, where the epidemic raged with unusual malignancy.

Upon coming to Chicago he established *The Medical Century*, its successful issuance continuing to the present time. In the fall of 1893 he was chosen Professor of Surgery and Obstetrics in Hering Medical College, which position he filled for three years. In 1894, at the Denver meeting, he was advanced to the Presidency of the American Institute of Homœopathy. In August he issued a standard volume on *Diseases of Children*, largely reflecting his experience as a physician to the Protestant Orphans' Home, San Antonio, and his private clinical work for twenty years. This was soon followed by *The Homœopathic Text-Book of Surgery*, a treatise by a corps of authors under the joint editorship of Dr. Fisher and Dr. MacDonald of Washington. In January of the present year he established *The Homœopathic Journal of Surgery and Gynecology*, and in March was elected Professor of Obstetrics in this College. Dr. Fisher was at one time an assistant surgeon to the Sante Fe Railroad and for several years Surgeon-in-Chief of the Austin & Northwestern Railway. At present he is engaged in general and gynecological practice.

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(4) White coated tongue with great thirst for cold water

(5) Burning palms and soles.

Regarding Phosphorus Master Hahnemann says "Acts most beneficially when the patient suffers from chronic loose stool".

The very next day the patient showed, some sign of improvement, the quantity of urine increased. Facial oedema reduced, the number of evacuation reduced, the patient was cheerful, then I put the little patient on sac lac for next 15 days.

Within these days, oedema completely reduced on all parts, Ascites also reduced, and the patient was cheerful and the improvement continued no medicine except sac lac repeated often.

Diet: Salt free liquid diet (Milk + Barley (Saltfree) + biscuits + fruit juice.)

Regimen: (1) Thick Clothing to cover the lungs

(2) Daily measurement of urine

Summary: A case of Ac. gl. tubular nephritis is presented above. Single drug in minimum dose helped the case towards recovery, along with strict diet and regimen.