

## TEUCRIUM MARUM VERUM

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### Introduction

Some authors consider Teucrium to be a well proved remedy. But it is an infrequently used remedy. 'Irritability when too much medicine has produced an oversensitive state when remedies fail to act' is the rubric found in Kent's Repertory which draws the attention of Homoeopaths as to how useful this remedy could be in some patients. It is prescribed by practitioners when there is H/O worms in patients, without considering other symptoms. Even when prescribed on this indication it seems to be helping a number of individuals. It was decided to systematically work with some cases to verify symptoms described in the materia medica and to add some clinical symptoms

### Method

64 patients where Teucrium was prescribed on some indications were studied. Only those cases were selected for study where Teucrium was the first prescription. The compounder was instructed to give placebo instead of Teucrium in about 5 cases and encircle the prescription. This was to keep a check on the placebo effect. It was decided to administer Teucrium to the same patients later and observe them. A complete drug picture of Teucrium was compiled from various books of materia medica and the symptoms were compared with this drug picture from the cases where Teucrium had worked. Clinically found symptoms were graded as follows-Grade I=a symptom found in 5 or more than 5 patients. Grade II=a symptom found in 3 or more than 3 patients.

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### Observation

TABLE-I

(Showing analysis of the cases)

Total No. of Cases	Could be Observed		Could not be Observed	
64	35		29	
	Were benefitted 32x	Not benefitted 3+	On placebo 3	On Teucrium 26

x 2 of the patients received Teucrium-6 One received placebo.

+ 2 patients when under treatment had mental stress and the condition got aggravated. One received placebo. She was given Teucr later and was relieved.

TABLE-II

Showing clinical symptoms not listed in books of Materia Media and Repertory.

### GRADE I

#### Symptoms

Weeping tendency  
Stubborn  
Likes company  
Desires spicy things, sweets  
Aversion to sweets  
Tendency to catch cold and cough  
Increased thirst for cold water  
Respiration difficult/asthmatic  
Obstruction of nose at night  
Grinding of teeth  
Eruptions about anus  
Cough with sticky white expectoration  
Heaviness of head  
Leucorrhoea  
Constipation

- Jealousy
- Suppression of anger
- Desire for sour, pica
- Aversion to milk
- Aggravation milk
- Better eating
- Aggravation full moon/new moon
- Appetite decreased
- Suppurating tendency
- Bleeding piles
- Whitish crusts and clinkers from nose
- Hoarseness of voice
- Cough with involuntary dribbling of urine
- Itching on nose
- Cervical lymphadenitis
- Profuse perspiration
- Perspiration of palms and soles
- Yellow stringy expectoration
- Past history or family history of tuberculosis

**TABLE IV**

Showing symptoms which are given in books but not given sufficient importance.

Symptoms	Grade
1. Irritability of mind	I
2. Warmth aggravates	II
3. Open air ameliorates	I
4. Damp weather aggravates	I
5. Change of weather aggravates	I
6. Desires salt	I
7. Fever	I
8. Sore throat	I
9. Frontal headache	II
10. Molluscum contagiosum	II

**Conclusion**

1. Teucrium seems to change our concept of the

life cycle of some parasitic worms. The nose is not described in the life cycle of *Enterobius vermicularis* and *Trichuris trichura*. Teucrium is an important medicine for nasal polyps and nasal irritation is common with worms.

2. Cina and Teucrium resemble each other to a great extent. Irritability is present in Cina as well as Teucrium. It is important to differentiate the two.

3. Tubercular diathesis gives rise to helminthic infestation. Teucrium seemed to help patients with P/H or F/H of tuberculosis and also helped patients with cervical lymphadenitis, primary complex and actual pulmonary tuberculosis. Clarke writes about the use of Teucrium in the treatment of pulmonary tuberculosis. This was confirmed. Incidentally, this remedy is not listed under "Phthisis Pulmonalis" in Kent's repertory.

4. Some symptoms which are not listed under Teucrium were clinically found e.g. Leucorrhoea, asthma (Loeffler's syndrome) and other symptoms mentioned under "Observation Table II & III."

5. Some symptoms which are not given sufficient importance in the materia medica were found to be important e.g. Change of weather <, < damp weather, > open air and other symptoms mentioned in "Observation-Table IV."

6. Tuberculinum and Teucrium resemble each other. In some cases when Tuberculinum did not help, Teucrium helped.

7. Laboratory investigations-microscopic examination cannot detect eggs of *Enterobius vermicularis*. Under the circumstances eruptions around the anal region guides the physician about the presence of worms in the patient.

8. Now that we have clinical as well as confirmed importance of the symptoms, this remedy can be used with confidence.

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"The spiritual power of medicine achieves its object not by quantity but by quality.

S. Hahnemann  
 "Spirit of the the new  
 theory of Healing"