

VERIFIED SYMPTOMS OF SOME LESSER KNOWN INDIGENOUS DRUGS UNDER CERTAIN CLINI- CAL CONDITIONS

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Ever since its inception in 1979 the Central Council for Research in Homoeopathy has been undertaking proving of drugs and clinical confirmation of the available data and data collected during its proving trials with particular reference to some of the lesser known drugs mentioned in the "Drugs of Hindoosthan" by Dr. S.C.Ghose in order to evolve clear images of these drugs including their most reliable indications. These trials are conducted at 5 Institutes/Units engaged in the proving of drugs and 6 Institutes/Units under the Council engaged in the clinical confirmation. These Institutes/Units are located at Lucknow, Calcutta, Midnapore, Ghaziabad, New Delhi, Vrindaban, Patna and Jaipur. The paper being published is a compilation of the data collected during provings and clinical verification studies in few clinical conditions.

In the symptomatology given below the symptoms mentioned in italics are those which are relieved additionally during the verification trials and are called clinical symptoms and figure mentioned in parenthesis are the number of cases found relieved in Symptoms mentioned in roman plain are those which are verified and found in the pathogenesis of the drug.

(1) ABROMA AUGUSTA (Leucorrhoea)

- Leucorrhoea associated with Diabetes Mellitus
- Leucorrhoea-with thick whitish discharge
- *Leucorrhoea stains the linen*(103)
- Menses irregular, painful, scanty, dark & clotted
- Menses delayed profuse(11)
- Leucorrhoea with backache < movement > rest
- *Burning palms & soles*(21)

(2) CASSIA SOPHERA(Osteo-arthritis)

- Pain in knee joints < initial movement, > continuous movement
- Pain in joints < rising from seat
- *Pain in heels < movement* (4)
- Pain in knee joints < walking and ascending stairs
- Pain lumbar region, agg. bending forward, amel. pressure.

(Asthma)

- Dyspnoea agg. winters
< from exposure to dust,
< change of weather,
< cold drinks
< light exertion, smoke
< exertion, morning (76)
- Hoarseness of voice
- Cough with pain in chest

(3) CYNODON DACTYLON(Haemorrhages)

- Epistaxis with bright red blood agg. from heat of sun
< coughing after
- Bleeding piles
- Haematuria-red sediment in urine
- Bleeding from cut on skin
- *Menses profuse & excessive* (3)

(4) ACHYRANTHES ASPERA (Gastro-enteritis)

- Diarrhoea with fever
- Stool-loose, watery, mixed with mucus
- Diarrhoea with nausea and vomiting
- Pain in abdomen before and during stool.
Pain in abdomen > passing stool (39)
- Vomiting after drinking
- Thirst excessive

(5) AEGLE FOLIA (Chronic Dysentery)

- *Acidity and heart burn* (24)
- Flatulence with distended abdomen > passing flatus, agg. evening
- Pain abdomen with heaviness < after meal
- Alternate constipation & diarrhoea
- Stool loose, watery, yellowish, mixed with mucus and blood
- Stool unsatisfactory
- Pain umbilical region, excruciating > passing stool

(6) AEGLE MARMELOS(Styes)

- Styes with stitching pain < straining eyes
- Burning lachrymation from eyes > cold application
- Sensation of dust particles in eyes

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(7) AMOORA ROHUTIKA (Fever)

- Fever with headache, bodyache & constipation, bitter taste in mouth < morning
- Nausea and vomiting soon after breakfast
- Liver enlarged
- Flushes of heat in whole body
- Burning sensation in hands & feet > cold application
- *Fever with chill < at night (1)*

(8) BOERHAAVIA DIFFUSA (Hypertension)

- Bursting pain in head > cold application > pressure
- Vertigo
< *morning & standing (72)*
- Palpitation of heart (< when alone)
- Sleeplessness with heaviness in head
- Oedematous swelling on face and legs
- Urine scanty with burning

(9) CAESALPENIA BONDUCELLA (Fever)

- Fever with chill < 8-10 A.M. & 2-4 P.M.
- White coated tongue
- Headache > pressure
- Liver enlarged
- Extreme weakness after fever
- Anorexia, thirst for cold water
- *Constipation (35)*

(10) CARICA PAPAYA (Jaundice)

- Loss of appetite, with nausea & vomiting
- Indigestion for milk
- Flatulence after taking milk
- Pain right hypochondrium < by eating, bending forward
- Stool with undigested food particles
- Constipation, dry hard stool
- Urine-dark yellow with burning
- Conjunctiva yellow
- Acidity with sour eructations & burning in chest

(11) CEPHALANDRA INDICA (Diabetes Mellitus)

- General debility
- Burning sensation in palms & soles
- Thirst for large quantity of water
- Profuse frequent urination
- Recurrent boils, with much itching
- Giddiness
- *Diabetic itching (3)*

(12) DAMIANA (Sexual weakness)

- Sexual desire diminished
- Seminal emission at night with amorous dream
- Premature ejaculation
- Seminal emission < on passing stool, during urination
- Backache < *by movement > rest (25)*

(13) EMBELIA RIBES (Helminthiasis)

- Grinding of teeth
- Hungry soon after meal
- Distension of abdomen with pain < after meal
- Pain in abdomen < during stool
- Urging for stool after eating
- Stool loose, with undigested food particles
- Worm infestation
- Itching around anus
- Nocturnal enuresis
- *Desire for sweets (60)*
- *Excessive salivation (92)*

(14) ATISTA INDICA (Dyspepsia)

- Indigestion from fried things
- Hyperacidity with sour eructations
- Vomiting greenish yellow with great weakness
- Nausea < in the morning
- Canine hunger, desire for sweets
- Flatulence with heaviness of abdomen < after eating
- Gripping pain around umbilicus < after eating, > passing flatus
- Alternate constipation & diarrhoea
- Bitter taste
- *Vomiting after taking milk (43)*
- *Grinding of teeth at night (39)*
- *Bleeding piles with stitching pain in anus (25)*

(15) GYMNEMA SYLVESTRE (Diabetes Mellitus)

- Dryness of mouth, thirst increased
- Urination frequent, at night
- Urine-profuse, in large quantity with weakness after passing urine
- General debility
- *Pruritus vulvae without eruptions (16)*
- *Leucorrhoea with thin whitish discharge < on movement (24)*

(16) HYGROPHILA SPINOSA (Urticaria)

- Urticarial rash with burning agg. heat, better by cold

- Urticaria with fever
- Scratching followed by burning agg. heat, better by cold
- *Agg. woollen clothes (1)*
- *Agg. bathing (2)*

(17) JUSTICIA ADHATODA (Rhinitis)

- Coryza with profuse nasal discharge and sneezing in the evening
- Lachrymation with itching in eyes
- Coryza with dull frontal headache
- Sensitive to dust which causes sneezing
- Fever with coryza (Influenza)
- *Post nasal catarrh (16)*

(18) SARACA INDICA (Menstrual disorders)

- Painful irregular menstruation
- Suppressed menses
- Menses blackish, scanty, clotted
- Dysmenorrhoea-pain back, radiating to thighs.
- Leucorrhoea with backache; profuse thick white
- Infantile leucorrhoea.
- *Coition painful (7)*
- *Leucorrhoea < before menses (11)*

(19) SYZYGIUM JAMBOLANUM (Prickly heat)

- Summer boils, recurrent
- Prickly heat with much itching

(20) TERMINALA ARJUNA (Angina Pectoris)

- Palpitation with pain in heart
- Chest pain, stitching radiating to left shoulder and left hand < walking, eating after
- Hypertension
- Vertigo-darkness before eyes

(21) TERMINALA CHEBULA (Chronic Dysentery)

- Indigestion with sour eructations (20)
- Anorexia, profuse salivation, bitter taste of mouth.
- Tongue, coated brown
- Flatulence with distension of abdomen > passing flatus.
- Frequent desire but passes little quantity
- Stool, loose, mixed with mucus
- *Urge for stool after eating (18)*
- *Pain in abdomen, < night (8)*

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Whichever of these medicines that have been investigated as to their power of altering man's health we find to contain in the symptoms observed from its use the greatest similarity to the totality of the symptoms of a given natural disease, this medicine will and must be the most suitable, the most certain homoeopathic remedy for the disease; in it is found the specific remedy of this case of disease.

Dr. Samuel Hahnemann
