

Case Report

Case of HIV/AIDS

Case-I

15.12.2000

A 23 years old female patient was diagnosed as HIV positive on 15.12.2000 at Regional Research Institute (Homoeopathy) Mumbai. Her husband was a known case of HIV infection and was under homoeopathic treatment.

Presenting Complaints

Patient complained of recurrent fever for the past 2 months associated with loss of weight from 50 Kg. to 44 Kg, Weakness.

Past History

Patient had an attack of herpes zoster in June 2000.

No history of any other major illness, surgery or blood transfusion.

Personal History

Married since March, 1999.

No history of sexual promiscuity.

Probable mode of infection

Hetero-sexual contact with HIV positive husband.

Probable duration of infection

Approx. 1 year.

Family History

Husband HIV positive.

1 daughter 10 months old; Not tested for HIV serostatus.

Physical Generals

- Thermal Status: Hot patient likes summer season. Wants fan ++, Cover+.
- Appetite: Good.
- Thirst: Poor.
- Desires: Fish, meat, seasoned food, sour, salty food, cold drinks, egg.
- Aversion: Sweets, milk.
- Stool: Once daily/Normal.
- Urine: Normal.
- Perspiration: Foul, profuse, cold, no staining.
- Sleep: Normal, lies on back and sides.

Menstrual History

Complains of irregular menstrual cycles; Metrorrhagia.

Blood is black and profuse.

Leucorrhoea: Nil.

Mental Generals

- Patient is irritable and tense most of the time.
- Irresistible anger with abusing.
- Has aversion to company and aggravation from consolation.

- Answers: Correctly, directly.
- Thoughts of bad relations with mother-in-law.
- Loss of memory and forgetfulness.

General Physical Examination

Built: Ectomorphic.

Nutrition: Poor.

Pallor: Present

Lymph nodes: Bilateral cervical lymphadenopathy.

Weight: 44 Kg.

Systemic Examination

NAD

Treatment Given

On the basis of totality the patient was prescribed **Nux Vomica 30**

Follow up:

March 2001

No recurrence of fever, however cervical lymphadenopathy persisted.

Patient complained of increasing weakness with vertigo, loss of appetite with nausea, burning urination with genital itching.

Weight 45 Kg.

On the basis of fresh totality, she was prescribed **Pulsatilla 30**.

April, 2001 – July, 2002

Her appetite was variable, sometime good, sometime poor; Other complaints including cervical lymphadenopathy were less. Burning micturition reappeared along with genital itching. She was prescribed **Pulsatilla 200**.

August, 2002 – April, 2003

Her complaints were ameliorated but she complained of leucorrhoea (a new symptom). **Pulsatilla 200** was repeated.

May, 2003

No change in leucorrhoea

One dose of **Tuberculinum 1M** was prescribed (as Intercurrent medicine).

September, 2003

Reported on 23.09.2003: Leucorrhoea improved, general health good. Asymptomatic. Her immune status has improved as is evident from data given below:

	Investigations	
	Pre-treatment (26.07.2001)	Post-treatment (24.05.2003)
● Absolute CD4	621	730
● Absolute CD8	>2000	>2000
● Total Average CD3	3400	3273
● CD4:CD8	0.31	<0.37
● CD4:CD3	0.18	0.22
● CD8:CD3	0.59	>0.61