

Case Report

A case of Cervical Erosion

Dr. Bindu Sharma*

Mrs. Reena aged 21 years resident of Chhota Shimla, married for 8 years, mother of 2 children was registered as a research case on 6th July 2000 with following case history:

Presenting Complaints:

Leucorrhoea - Acrid, Offensive, worse on least exertion.

Menses every 18-20 days, worse by exertion.

Pain lower abdomen

Bearing down pain worse standing, walking & better sitting, lying down.

Pruritus vulva

All the above complaints were reported for the last 2 months.

Physical symptoms:

Thin, worn out, emaciated constitution.

Craving for chalk, earth and charcoal: well marked.

Tendency for warts (with warts around her eyes).

Temperament:

lachrymose - weeps while narrating her complaints.

Past history:

Not significant.

Obstetrical history:

G-2, P-2, normal hospital deliveries. Taking oral contraceptive pills.

On Examination:

P/V: Uterus normal size, firm, mobile,

fornices clear.

P/S: Circumferential erosion, discharge +ve.

Investigations

Haemogram - Hb - 11 gm. %

TLC- 8000 per cubic mm.

N - 64%

L - 32%

M - 0

E - 4%

ESR- 5 mm during 1st hour.

Haemogram was within normal range.

Diagnosis: Circumferential Cervical Erosion. (Diagnosis established by a gynaecologist at Govt. Hospital, Shimla)

Prescription 06.07.2000:

Rx Ambra grisea 30 TDS for 7 days.

Follow up 21.07.2000:

Leucorrhoea better. Got her menses on 21.07.2000 after 28 days, whereas earlier she used to get every 18-20 days. Bearing down pain which used to accompany menses invariably, was absent this time.

Rx Sac lac for 15 days.

27.11.2000

As the patient discontinued oral contraceptive pills at her own and consequently became pregnant. Following this she got MTP/D&C done at Govt. Hospital. At the same time Cu T was inserted. She got recurrence of leucorrhoea and pain in lower abdomen. Thus, came to us again.

Rx Ambra grisea 30 TDS for 7 days.

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15.12.2000

Reported better in r/o leucorrhoea and pain. No burning in urine.

Rx Sac lac for 15 days.

19.01.2001

Patient found to be doing well.

Rx Sac lac for 15 days.

30.03.2001

Mild leucorrhoea with pain in lower abdomen worse on exertion.

Rx Ambra grisea 200 three doses i.e. TDS for 1 day.

28.04.2001

This month she did not get menses.

Lachrymose while telling her symptoms.

Thirstless.

Rx. Pulsatilla 1M 1 dose

1.5.2001

Menses appeared

She was given 1 dose of the same in the months of June and July which regularized her periods. Relieved her pain and improved her leucorrhoea.

31.01.2002

Despite symptomatic improvement, examination (P/S) showed that there was no change in cervical erosion. The case was reviewed again and prescription was made on the basis of

the following symptoms:

- intense itching in vagina after coition
- urine offensive, recurrent burning sensation while passing urine

Rx Acid nit. 200 one dose.

22.02.2002

Patient was asymptomatic. All the symptoms had disappeared.

Rx Sac lac for 15 days.

26.04.2002

Burning in urine reported in last 2 months. Otherwise asymptomatic.

Rx Acid nit. 200 one dose.

22.05.2002

Patient completely asymptomatic. Menses normal and regular.

Leucorrhoea/ bearing down pain/ Pruritus vulva not reported.

Urine - no burning, no more offensive.

Examination:

On examination by a Gynecologist:
Cervix and vagina reported healthy
Erosion had disappeared completely.

Conclusion:

Though Ambra grisea and Pulsatilla were clinically well indicated and provided a great symptomatic relief, even restored normal menstrual cycle, but could not resolve the pathology. Whereas, Acid nitric resolved the pathology also.