

Asthma & Homoeopathy : Search on Internet

O.P.Verma*

"Where there is much desire to learn, there of necessity will be much arguing, much writing, many opinions; for opinions in good men is but knowledge in the making"

- John Milton

Asthma is a chronic lung condition. It is characterized by difficulty in breathing. People with asthma have extra sensitive or hyper-responsive airways. The airways react by narrowing or obstructing when they become irritated. This makes it difficult for the air to move in and out. This narrowing or obstruction can cause one or a combination of the following symptoms:

- wheezing
- coughing
- shortness of breath
- chest tightness

This narrowing or obstruction is caused by:

- Airway inflammation (the airways in the lungs become red, swollen and narrow)
- Bronchoconstriction (the muscles that encircle the airways tighten or go into spasm)

This article will focus on the internet for Homoeopathy Fraternity which will cover a range of resources and include search techniques and evaluation criteria. The websites on Asthma and Homoeopathy are listed below for ready reference information :

- www.ccrhindia.org/cumulative/asthma.htm

CCRH Quarterly Bulletin. A Cumulative Index* Vol. 1-21 (1979-1992) gives the bibliographical information on Asthma. e.g. (1). Gera, D.D. Arya, M.P. ... Natrum sulph-their usefulness in Bronchial Asthma. 10(1&2) 1988:16-19. (2). Verma, Lalit. Homoeopathy in Bronchial Asthma.

- www.ccrhindia.org/bronchial_asthma/accordingtoresearch

The Medico Abstracts on Bronchial Asthma covering global current literature on all aspects of Bronchial Asthma in Homoeopathic Medical Science is published for the use of homoeopathic fraternity. It has been produced by scanning and abstracting relevant papers from about 500 major journals from all the world; research reports, books, conference proceedings and patents. It also covers complementary information from HOM INFORM Database of Glassgow Homoeopathic Library received through collaborative exchange programme. The purpose of Medico Abstracts is to create awareness and to improve the effectiveness and efficiency of clinical care through the identification of good clinical practice and desired clinical outcomes.

- <http://www.aaaai.org/>

The information provided in this section of the Web site is offered to increase your understanding of the different types of medications that are commonly used.

- <http://www.asthma.org.uk/>

All the health information on this website has been developed by in-house editors working with asthma nurse specialists and our health promotion team, and is checked by a team of independent medical advisers. Frequently Asked Questions are available in 17 languages as well as English, in PDF format

* Librarian, Central Council for research in Homoeopathy, New Delhi

for download. They are also available in braille, on tape and CD and as mp3 downloads:

- <http://allergy.mcg.edu/>

American College of Allergy, Asthma & Immunology

An information and news service for patients, parents of patients, members, the news media, and purchasers of health care programs.

- www.similima.com/pm.70.htm

This article focuses on bronchial asthma.

- www.classical-homoeopathy.com/asthma.htm

A pioneer homeopathy website on the net offering FAQs, treatment plans. This site offers soothing solutions and effective approach to treat asthma in children. In medical language, childhood asthma is called as asthmatic bronchitis (characterized by wheeze and bronchitis), which finds cure in homeopathy. Homeopathy is an alternative medicine growing rapidly all over the world. This web site offers homeopathic solutions to child as well as adult asthma. Homeopathy can cure asthma in children, while it can effectively control asthma in adults.

- www.asthma-search.com/keywords/asthma-bronchial-tubes-picture.html

Asthma bronchial tubes picture - detailed search information are available. All of the links to homeopathy and asthma bronchial are verified. The information related to bronchial pneumonia or bronchopneumonia homeopathy asthma bronchial is linked with [http://cwsslit.com/asthma/bronchial/tubes ...](http://cwsslit.com/asthma/bronchial/tubes...)

- <http://mr-asthma.com/bronchial-asthma-treatment.html>

This site is a reliable source of Asthma research. It gives detailed information for treatment of bronchial

asthma. Also this has links to other related sites.

- alternativemedicineandhomeopathy.com/alternative/

One Stop Resource for Homeopathy in Bronchial Asthma. Topic targeted, real-time news and information. Index of Research of Any Success With Homeopathy, Homeopathy for Cat Ears, Homeopathic Materia Medica.

- www.worldasthma.org/alternative-medicine-asthma-treatments

Free information online comprising effective treatment based on proven research is available. This gives information of Alternative Medicine, Herbal, And Homeopathic Remedies and also herbal supplement bronchial asthma remedy treatment medication.

- asthmaprevention.com/.../asthma-bronchial-osteopathy.html

This site gives top resources for acute Asthma attack.

- <http://www.dramatic-asthma-relief.com/?hop=doteam>

Are you sick from asthma drug side effects? You don't have to take them to be free of your symptoms. This alternative asthma treatment is what the drug companies don't want you to know about! If you are skeptical and don't believe it, read what others have to say about the Asthma Relief Report

- <http://www.shirleys-wellness-cafe.com/asthma.htm>

Natural Alternative Treatment for Asthma and Allergies

Conventional drugs used for treating asthma, particularly steroids, can impair immune function and lead to more serious health problems. Learn about safe and effective alternative treatments.

- <http://www.amicrawler.com/>

Information on Asthma. Discover what the pharmaceutical industry does not want you to know. Information on Asthma.

- <http://www.seniorindian.com/asthma.htm>

All about Senior Citizens of India, their lifestyle, health, Diet and Nutrition, Ideal Diets, Physical fitness, Exercise programs, Positive Attitude, Senior-Children relationship, grandparenting, Mental fitness, Retirement, Making a Will, Investment, Planning the future and much more.

- <http://www.asthmaticbronchitis.com/>

This web site is devoted exclusively to Child Asthma, one of the most common conditions affecting children globally. 8.9 million children in the US suffer from asthma. Estimated 300 million people suffer from asthma worldwide. Asthma is responsible for 1 of every 250 deaths worldwide. In children, asthma is a leading cause for hospitalization and one of the

most leading causes for school absenteeism. The very purpose of this web site is to relieve the chest distress of children and the panic attacks of the parents as well. Only the parents and the family members know the anxiety and pain when a child suffers from attacks of breathlessness. Asthma, an allergic disorder finds positive treatment with homeopathy.

Other Related Links

- www.spiritindia.com/health-care-news-article-355.html
- <http://www.aanma.org/>
- <http://www.lungusa.org/asthma/>
- <http://asthma.about.com/mbody.htm>
- <http://www.lung.ca/asthma/>
- <http://www.cs.unc.edu/~kupstas/FAQ.html>
- <http://www.radix.net/~mwg/asthma-gen.html>
- <http://www.nationalasthma.org.au/>
- <http://www.walkers.org/>