

CASE REPORT

DR. CHANDRA PRAKASH, JAIPUR

The world is more full of wonders than we can understand or can dream of and there are facts stranger than fiction. Also there are paradoxical truths which are difficult to explain or understand unless one is determined to understand. Seeing is believing but there are people who see and yet do not believe.

Believe or not, I am going to set forth for those who may care what I have seen and experienced in the field of diseases, human life and body, the part of medicinal agents, sufferings and cures during the last 20 years of my dabbling with Homœopathy vs. human ailments.

Herbert Spencer said—"There is one principle which is a bar against all knowledge and information, which is proof against all arguments, and which cannot fail to keep a man in everlasting ignorance—that principle is contempt prior to investigation." Hence those who have no such principle and those who want not to be in everlasting ignorance and those who care to shift the bar against all knowledge and informations may benefit from what I beg to report from my experiences now and then through the esteemed pages of this journal.

As it has been my habit and practice, I have been always keeping regular daily registers of all patients as well as case book of all chronic cases. But as all my former belongings including the registers, case records, books etc. were burnt, destroyed or looted away by the hooligans during the great Calcutta killings of August 1946, and as thereafter I could not settle somewhere permanently until 1950, I have at present only those case records available with me which I had the opportunity to treat in Jaipur since the year 1951.

I shall therefore present only some of these case records in brief and a few only of the old days which are still fresh in my memory and which can be still verified. I will give only such cases which can prove the unbelievable truths. Often there are cases which look quite simple and easy to cure but in

practice take a long course of antidotal and antimiasmatic treatment. On the other hand very often we come across such cases also which seem too complicated with very deep-rooted diseases likely to take a long course of treatment to get cured but are in fact cured much sooner than either the Homœopath or the patient could expect. This becomes possible by proper case taking and by giving proper history by the patient of course, but more often due to the golden key of 'Open Sesame' handed over to us by the Great Samuel Hahnemann, which enables the true Homœopath to interpret the history and the symptoms and to recognise the causative factors and obstruction so that he can uproot and eliminate the obstruction deep embedded in the past history, with a proper key-remedy which fits the lock and thus unlocks the door of obstruction in way of a speedy cure.

All good Homœopaths would understand what I mean as they also must have hit upon many such causes effecting subsequent speedy cures by removing the persistent ill-effects of the remote or recent causes by means of the insignificant but exact and powerful homœopathic remedies such as—

Arnica, Ruta, Hypericum, Bellis P., Conium, Spigelia, Nat. sulph. etc.	in cases with recent or re- mote history of	Trauma
Pyrogenium, Arnica, Sil, Ars.	„	Puerperal septicæmia or Sepsis.
Aurum Met, Merc. Sol, Syphillinum, Phytolacca etc.	„	Syphillis or syphillitic manifestations.
Causticum, Cantharis, Urtica	„	Burns & scalds.
Tuberculinum, Abrotanum, Phos., Puls., Calc. Sulph., Lyc., Nat.	„	Tuberculosis or such tendencies.
Thuja, Nat, Sulph, Medorr. Arg. Nit.	„	Gonorrhœa or sycotic manifestations.
Thuja, Silicea, Apis, Kali Mur., Ant. T.	„	Vaccinosis

Sulphur, Psorinum, Meze- rium, Zinc, Lyco, Graph, Cicuta, Bacillinum	in cases with recent or re- mote history of	Supressed skin diseases or psoric manifesta- tions
Dulcamara, Copaiva, Ignatia, Bovista	„	Urticaria
Dulcamara, Nat. sulph, Ruta, Rhus Tox	„	Damp inhabitations.
Diphtherinum, Lac. Can, Phytolacca, Psorinum, Baryta Carb etc.	„	Diphtheria, tonsilites, sore throat, quinsy etc.
Lyssin or Hydrophobinum	„	Dog bites.
Ledum or Hypericum	„	Sharp piercing wounds, rat bites etc.
Influenzinum, Kali phos, Ars.	„	Influenza.
Morbillinum, Abrot., Pul- satilla, Ant. T.	„	Measles.
Sulph, Typhoidinum, Zinc, Ant. T.	„	Typhoid, Typhus
Malandrinum, Variolinum, Thuja, Ant. T. etc.	„	Small pox.
Sulph, Sarracenia, Thuja, Zinc, Ant. T.	„	Chicken pox.
Ignatia, Cocculus, Gels., Nat. Mur., Ac. Phos.	„	Grief or disappoint- ments.
China, Ferrum Phos., Natrum Mur.	„	Loss of fluids.
Ipecac, Natrum, Puls., Ars., Ars. sulph, China, Eupat, Sepia etc.	„	Malaria or Dengu.
Hypericum, Cicuta,	„	Concussions & fits.
Nux Vom., Carduus Marinus, Kali Bi.	„	Alcoholism, indiges- tion.
Staph., Ac. phos., Ac. pic., Agnus Cast.	„	Masturbtion, onanism
Staph, Natrum, Spigelia	„	Abdominal surgery.
Arnica, Hypericum, Spigelia, Sepia	„	Dental surgery.
Senega, Symphytum, Ruta	„	Eye injury or surgery.

Nux vom, Cocculus	in cases with recent or remote history of	Night keeping, reading
Cina, Stannum, Cuprum Ox.	"	Worms.
Glonoïn, Ruta, Nat. Carb., Acon.	"	Sun stroke, exposure to bright light.
Bell, Antim Crud, Ars., Strontia Carb.	"	Cold Bath. Gas poison, Surgical infections.
Aconite, Opium, Coffea	"	Fright.
Chamomila, Colocynth, Staph., Hepar, Nat. Mur.	"	Anger

so on and so forth. Such a list of remedies capable of combating various causative factors and indicated on various modalities may run into several pages or may be made into a book if properly and comprehensively compiled. But I leave it here because it is not the purpose of this article.

Beside these, the observations and experience of many of our predecessor Homœopaths have provided us with innumerable valuable guides and hints for prescribing the correct homœopathic medicines in their correct strength and doses, on the basis of miasmatic factors, recent or remote or congenital causative factors, in acute or subacute or chronic sufferings and also on the basis of symptoms (irrespective of diagnosis or pathological findings) which if correctly studied, interpreted and applied NEVER FAILS as Mahatma Gandhi had rightly said—"Just as my non-violence will never fail so also Homœopathy never fails. But the followers may fail due to faulty application of the principles." He also acclaimed Homœopathy as the only perfect medical science.

Anyway, now let me come to my clinical experiences as per my case records. One of such cases has already been published in the May 1958, issue of the Hahnemannian Gleanings.

But before I give further case reports from my case records let me first of all narrate my own case to show how Homœopathy attracted my attention and interest.

1. Once in my boyhood (then age about 16 years) I happen-

ed to fall down on a plain and simple cemented but slippery floor breaking the ulna and radius of my left fore-arm in a simple fracture, trying to save the face from the fall by the support of the hands. Poor as I was I got myself admitted in a well-known hospital of Calcutta. The usual treatment was given. The X-ray plate taken, bones properly set in position, plaster of paris applied, Calcium tablets and injections given. Again Skiagram taken after 3 weeks but alas no union of the bones yet. The same treatment was continued in the same hospital under the direction and supervision of highly qualified and eminent surgeons like Dr. Subodh Dutt, M.S., F.R.C.S., Dr. Surendra Nath Ghose, Dr. Bijoya Pada Mukherjee, M.B.B.S. (Patna), Dr. Amiyapada Chakravarty (Radiologist) etc., with X'ray plates taken every 10 or 15 days. But inspite of the continued treatment even callous formation was not seen in the plates after long six months, not to speak of the union of the bones. I was a healthy young boy of 16 taking good diet with perfectly good digestion, constitution, weight, appetite, sleep and so on and so forth.

Occasionally of course I started feeling discouraged looking to the gradual emaciation of the left arm under the plaster and looking to the long time wasted in the futile and disappointing effects of the treatment during the last 6 or 7 months.

All the Doctors, Surgeons, and the staff of the hospital were very kind and sympathetic to me and the compounders and the male nurses in charge of the wards were as good as friends, eating together, breakfasting together, talking and discussing all the news papers, politics, literature, poetry, science, medicine and what not? I am still very much thankful and grateful to all of them for all their kindness that made me feel homely even in the hospital general ward. But it was now too long a time to keep a simple fracture case confined in the hospital yet uncured. So, now they started thinking and proposing whole blood injections, silver wire ligature etc. One of the male nurses there had however been always advising me to go out of the hospital and to try homœopathy, of which I then knew nothing. Now on their proposition of whole blood injection and operation with silver wire ligature, the said male

nurse strongly suggested me to refuse the proposed measures and to take homœopathic treatment outside. Somehow or other it prevailed upon me to take his good counsel and I took leave from the hospital.

Coming out, I happened to come across an up-country student of the Calcutta Homœopathic Medical College and Hospital who brought me just 4 doses of *Symphytum* 200 and lo ! within a week I started feeling my left arm (still in plaster) much stronger and was able to take out the arm from the sling with all the weight of the plaster. I successfully tried movement of the whole arm up and down. Soon my mind suggested that the fracture must be united now and the hand very much wanted to get a release from the plaster. Believe it or not, without caring to consult anybody or to take further X'ray plate, with an inner impulse, I just cut off the plaster all by myself slowly by means of a broken hack saw blade, which took about an hour. Tears of joy for the freedom from the plaster after 8 months and for the sense of cure from the fracture, as well as tears of woe at the sight of the discoloured emaciated hand flowed down my eyes and cheeks for a few minutes. As per advice of the same student Homœopath I continued massaging the arm daily with some spirit and powder and then with olive oil and within another fortnight or a month it was alright.

This is how I first heard the name of Homœopathy and got interested in the study and practice of the science. I have since cured many cases of fractures with *Arnica*, *Symphytum* and *Calc. Phos.*

All this must be unintelligible to the learned routinist allopaths, because they seldom care to learn anything new or to investigate the truth and dwell upon the principle of "contempt prior to investigation" at least in all matters of Homœopathy or of any medicine outside allopathy and surgery. In my case records I will show many such instances of the magic and miracles of Homœopathic medicines performed under the very nose and eyes of allopaths without inciting even the slightest interest or inquisitiveness in their minds. But those allopaths who cared to investigate what is homœopathy, became converts

never returning to the allopathic school. There are many such great examples like Dr. J. H. Clarke, Sir John Weir, Nash, Jahr, Hughes, Farrington, Bell, Teste, Boeninghausen, Lippe, Kent, Herring, Allen, Dr. M. L. Sircar, Chandra Shekhar Kali, B. K. Sircar, S. K. Das, Dewan Jai Chand, Jaisoorya, and hundreds others.

2. Now about a case of Hernia : Mr. Nariman J., the then Automobile Engineer, Govt. of Rajasthan (a gazetted officer, now retired and working as the officer-in-charge, Jodhpur palace garage) came to me in 1952, then aged 54 years, suffering from right inguinal hernia, wearing truss for the last 17 years. Has had many doctors and surgeons as friends but was afraid of operation. I did not hold out much hope to him but advised to try my homœopathic medicines at least for a year.

A tall robust gentleman with shiny fair skin with black hair on scalp. While taking his case he revealed that he had been having attacks of malaria in the remote past which were always promptly cured with quinine. Had also several attacks of diarrhœa with watery stools. Now usually constipated with flatulence. Has made it a habit to take Eno's fruit salt once or twice daily which helps to pass wind and eructations although it does not help much except temporary relief. It does help sometimes in constipation causing a good flushing. Although constipated all the year round, he gets diarrhœa once or twice in the year, which of course causes weakness. Also writer's cramps and trembling of hands. Feels some sort of pains and uncomfortable feeling in the legs and calves while retiring at night and cannot sleep until his servant does a good massage with strong pressure. Although he likes hard pressure and massage of the legs he is too sensitive to light touch. A kind hearted man but sometimes gets angry easily. Has a habit of lovingly abusing those whom he loves.

All these apparently did not make any head or tail. Sweat, thirst, appetite, all normal. Eyes good but uses glasses only when reading. Headache not usual but only occasional. Writing out a good set of symptoms for repertorising did not suit this case. Hence I started trying to fit this case with the symptoms of

Nux. Vom., Lyco, Kali carb, China, Plumbum, Phosphorus, Arg. Nit., Natrum Mur, Sulph, etc. with further interrogation, but with no satisfaction in my mind because he could not give any accurate modalities in respect of time, sides, seasons, environments. He was losing patience and getting disgusted with the interrogation repeatedly asking to give medicine for hernia alone. Anyway, asking him to stop Eno's fruit salt, onions, strongly spiced foods, I gave him 2 doses of Nux vom. 30 to be taken one at 6 p.m. and one at 9 p.m. and assured him of better stool with the medicine than with fruit salt.

Next day he reported no change and said he would take fruitsalt because the constipation and flatulence makes him uncomfortable. I somehow managed him to promise that he would not take fruitsalt at least for a week, otherwise how could we judge and ascertain the action of our medicine. Again gave him two doses of Nux vom. 30.

No better. Next day I gave him 4 doses of Sulph. 30 to be taken in the morning and evening for two days.

After 4 days he reported no better but I noticed he did not talk of fruitsalt. I therefore asked him particularly about stool, and flatulence. He said stools were not so difficult but there was no particular difference either. I could continue longer with Nux vom. and Sulphur again in higher potency, but I felt more inclined to try China first. So I gave 4 doses of China 30 to be taken two in the same evening at 6 p.m. and at 10 p.m. and two next day at 6 a.m. and 1 p.m. He reported after two days and said that it has perhaps helped a little in flatulence. I gave two doses China 200 to be taken one in the night and one the next morning.

This time after two days, to my surprise he reported very little gas formation and better and easier stools though not satisfactory. But he said that he could go without fruitsalt if no further gas forms. When I proposed no medicine, he felt disappointed so I gave him 4 doses of placebo with request to take only when he feels bad and asked him to report after a week. But he took the 4 doses of placebo one daily and came back after 4 days only to collect the same medicine, be-

cause otherwise he feared he may have to take fruitsalt. I gave him 4 doses placebo again.

Came after a week and said that he could not come earlier because he was busy. But anyway, he assured me that he did not take fruitsalt in the meanwhile, although he feared he might be obliged to take it now as he was again feeling bad with gas, constipation, pain in legs. This means China worked in the stomach, digestion and bowels but temporarily and not too deep. This set me to thinking of China more seriously, specially because of the history of weakening diarrhoea. Although the type of flatulence, the weakness of diarrhoea, and the cramps in calves make a three-legged stool I thought a feeble stool with too feeble legs of minor symptoms indeed. I was now more inclined to think of Nux, Sulph, Calc. and Lyco in cycle, but yet somehow for the effects of the 4 doses of China 30 and 2 doses of 200 as shown above, I decided to try another chance with China first before taking recourse to the cycle of Nux, Sulph, Calc. Lyco. Hence, I put a dose of China 1M, (5 globules no. 20) dry on his tongue, asking him not to take anything into the mouth at least for 2 hours. I gave him 4 doses of placebo also. But he insisted for more as he said he would not be able to report so often. So I gave him 8 doses of placebo in all, with request to report after a week. He called on me after about 10 days and said that both his stools and the gas are much better now and that he has taken only 4 doses out of the 8 during the last 10 days. Now he asked me to do something about the hernia also. I asked him to throw away the remaining 4 doses and gave him fresh 4 doses of placebo telling him that these 4 doses are much more powerful and are particularly for hernia. As good chance and coincidence would have it, he came just after 5 days to report that he feels his hernia also much less and soft and that he now often forgets to put on the truss in the morning. He wanted more of the medicine because he now believed that the hernia might also be soon cured. Yes, I also examined and felt the bulge of the hernia which indeed seemed smaller and softer. I gave him 6 more doses of placebo. He came after about 12 days and showed me that he has altogether forgotten to put on the truss and that he has been walking, running,

working the whole day without any difficulty. I however asked him to continue to use of the truss and advised him not to run the risk of strangulation. He insisted for more medicine and I gave him again 6 doses of placebo. Thus he was completely cured and after sometime he gave me his truss with request to give it to some other needy patient. So this case of 17 year old hernia cured within one and a half month and just with a few doses of China. Eh ! unbelievable ! but fact is fact. He is still quite healthy and strong and without any complaint of hernia for the last 6 years. He keeps in touch with me and calls upon me whenever he comes to Jaipur from Jodhpur, say once in 3 or 4 months.
