

## WEB INFORMATION

### Urolithiasis & Homoeopathy

SEARCH ON INTERNET

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"Our ideal is not the spirituality that withdraws from life but the conquest of life by the power of the spirit."

- Aurobindo.

Urolithiasis is a condition in which crystals in the urine combine to form stones, also called calculi or uroliths. These can be found anywhere in the urinary tract, where they cause irritation and secondary infection. Most end up in the bladder or urethra.

Several different types have been identified, with struvite stones (magnesium ammonium phosphate) being by far the most common, except in the Dalmatian. Any breed can develop uroliths, but a genetic predisposition to producing crystals makes the development of stones more likely.

Dalmatians have a defect in the pathway that normally leads to the breakdown of urates, which are a by-product of protein digestion. This results in increased urate excretion in the urine (4 to 8 times that of other breeds), and this predisposes them to the formation of urate crystals and eventually, stones. In some other breeds, an inherited defect in a different pathway causes excessive urinary excretion of the amino acid cystine, resulting in cystine crystals and potentially stones in the urine. A kidney stone is a solid piece of material that forms in the kidney out of substances in the urine. A stone may stay in the kidney or break loose and travel down the urinary tract. A small stone may pass all of the way out of the body without causing too much pain. A larger stone may get stuck in a ureter, the bladder, or the urethra. A problem stone can block the flow of urine and cause great pain.

Urolithiasis is found all over the world. The severity of the symptoms and long-lasting, chronic pattern of the disease cause a high degree of kidney problem.

This article is intended for busy scientists engaged in research work in the field of Urolithiasis to help them reap the benefits of the Internet without surfing too much for locating the resources.

- [www.umm.edu/altmed/ConsConditions/Urolithiasiscc.html](http://www.umm.edu/altmed/ConsConditions/Urolithiasiscc.html)

Symptomatic urolithiasis requires medical attention. Alternative therapies aid in reducing the risk of recurrent episodes and increasing the overall vitality of the urogenital system. Start with nutritional guidelines for prevention of recurrence. Herbs and homeopathic remedies can be used for acute pain relief and long-term toning of the urinary tract.

- <http://homeocareonline.com/renal.htm>

Homeopathy is useful in all stages of renal lithiasis. It can be used to speedily expel an existent stone, and is equally helpful in preventing recurrence of the stones in those prone to getting repeated renal lithiasis. Homeopathy is also useful in treating secondary infections of the urinary tract arising after injury from the moving stone.

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- [www.vet-homeopathy.ru/en/](http://www.vet-homeopathy.ru/en/)

Any urolithiasis therapy needs to be begun with using Coenzyme compositum as one of the basic preparations in metabolism disorder because of its components. In one row with this preparation we would recommend such preparations as Nux vomica and Hepel for regulation of the processes in gastrointestinal tract and recovering of desintoxic function of the liver. Together with homeopathic treatment the diet is recommended, which is also directed on stabilization of the disordered general metabolism. Futher on specific preparations are recommended, such as Solidago compositum, Cantharis compositum ? and Sabal gomaccord, which are directed on removing toxins from the body and stabilization of the biological processes in the body, when macroorganism can already cope with this pathology by itself.

- <http://www.homoeopathyforall.com/editions/2002/dec/index.php>

Homoeopathy is a great comfort for treating many common ailments. With some basic remedies of homoeopathy, it is possible to cope effectively with many of the common ailments and first aid situations one encounters.

- <http://www.chennaionline.com/health/homoeopathy/08homoeopathy04.asp>

In the era of advanced ultrasound scanning, most renal stones (kidney stones) are diagnosed without any symptom. Nowadays renal stone disease is a significant health problem. Formation of stones in the urinary tract is called urolithiasis and in kidney is termed nephrolithiasis. This causes an acute painful condition called renal colic. It strikes without warning at any time and the pain is often described as worse than labour pain.

- <http://www.homoeopathy.com.pk/kidney.htm>

There are different kinds and sizes of stones, but the majority are formed from calcium, magnesium or uric acid. Tiny stones can pass out with no sign or symptom at all. But larger stones can cause problems. Painful and increased urination, obstruction of urine, blood in the urine, burning urethra, wave-like stabbing pains in lumber region or along ureters (the tubes that lead from the kidneys to the bladder), etc., are some of the symptoms associated with kidney stones.

Homeopathic remedies are quite effective in removing as well as preventing further formation of stones. Small stones are passed out painlessly and larger ones are slowly fragmented under the action of homoeopathic remedies. With each passing day, episodes of pain become less and less frequent. Intensity of the pain also keeps on declining until the kidney becomes stone(s)-free.

- [http://www.healthatoz.com/healthatoz/Atoz/ency/kidney\\_stones.jsp](http://www.healthatoz.com/healthatoz/Atoz/ency/kidney_stones.jsp)

Alternative treatments for kidney stones include the use of herbal medicine, homeopathy, acupuncture, acupressure, hypnosis, or guided imagery to relieve pain. Starfruit (*Averrhoa carambola*) is recommended to increase the amount of urine a patient passes and to relieve pain. Dietary changes can be made to reduce the risk of future stone formation and to facilitate the resorption of existing stones. Supplementation with magnesium, a smooth muscle relaxant, can help reduce pain and facilitate stone passing. Homeopathy and herbal medicine, both western and Chinese, recommend a number of remedies that may help prevent kidney stones.

- <http://www.abchomeopathy.com/forum2.php/48859/>

Homeopathic remedies are prescribed by symptoms rather than conditions, as each case of a particular illness can manifest differently in different people. However, to make it quicker to find the symptoms related to Kidney Stone, the symptoms experienced by a previous visitor to our homeopathic remedy finder have been grouped, by them, under the name of Kidney Stone. There may be symptoms not related to Kidney Stone, and this may not be an exhaustive list of symptoms.



- <http://www.geocities.com/indianhomeopath/ailments/surgery/renalstones.html>

There are many theories as to the cause of kidney stones. It could be due to infection following which some pus cells & bacteria etc clump together to form stones, or some disorders which cause the amount of calcium &/or phosphorus in the blood to increase, or prolonged periods of bed rest due to illness or parathyroid disease. It is difficult to say which theory is the most accurate. However there are 3 types of renal stones namely calcium, phosphorus & uric acid stones. They could be asymptomatic & exist for years without the patient being aware of them or cause symptoms in the form of severe pains extending from the back to the lower abdomen in front with painful urination & at times there is only a dull pain at the back overlying the region of the kidney. Their diagnosis is confirmed on Urine test & sonography. They could be very small to begin with, but over the years could enlarge considerably affecting the kidney function & causing a portion of the kidney to be swollen or enlarged besides leading to an increase in blood pressure.

- <http://www.curekeys.com/1kidney.htm>

Homeopathic medicines can effectively remove the stones of all types. Some stones are softer, which get dissolved and pass quicker than the others whereas stones larger than the urinary passage would need to be broken so that they can easily pass through the urinary passage without bruising the urinary tract. This process may take from a few days to a few weeks depending on size and type of the stone, which can be ascertained through sonography (ultrasound), X-ray and urine tests.

- [http://www.publix.com/wellness/notes/Display.do?id=Concern&childId=Kidney\\_Stones](http://www.publix.com/wellness/notes/Display.do?id=Concern&childId=Kidney_Stones)

Two trials from Thailand reported that eating pumpkin seeds reduces urinary risk factors for forming kidney stones.<sup>90 91</sup> One of those trials, which studied the effects of pumpkin seeds on indicators of the risk of stone formation in children, used 60 mg per 2.2 pounds of body weight-the equivalent of only a fraction of an ounce per day for an adult.<sup>92</sup> The active constituents of pumpkin seeds responsible for this action have not been identified.

- <http://www.urologychannel.com/kidneystones/treatment.shtml>

Treatment depends on the size and type of stone, the underlying cause, the presence of urinary infection, and whether the condition recurs. Stones 4 mm and smaller (less than 1/4 inch in diameter) pass without intervention in 90% of cases; those 5-7 mm do so in 50% of cases; and those larger than 7 mm rarely pass without intervention. Patients are advised to avoid becoming sedentary, because physical activity, especially walking, can help move a stone.

- <http://www.bellaonline.com/articles/art28464.asp>

Kidney stones tend to run in families, so individuals with a close relative who has kidney stones should be mindful of the higher risk factor for them to develop kidney stones. Most first-time victims tend to be between 30 and 40 years old and are otherwise in good health. Men are four times more likely than women to get kidney stones the theory being that female hormones may prevent kidney stones from forming. Most kidney stones are formed by calcium oxalate or calcium phosphate. The primary symptom of kidney stones is excruciating pain in the lower back or abdomen.

- <http://www.naturalhealthweb.com/articles/jain4.html>

The author has tried to analyze the causes of kidney stones; it appears the chief causes are associated with the Venus, the Mercury and the Saturn emitting white, green and blue light respectively. The experiments conducted with this theme have shown very good results in getting rid of kidney stones. Initial success on few trials is very high. It was observed the severity of pain decreases to low within 48 hours but complete removal of stones may take more time depending on the size, type of stones formed. The approach is quite effective at low cost with no side effects. The study has opened a new era for kidney-stone sufferers.

- [www.upei.ca/cidd/Diseases/urogenital%20disorders/urolithiasis.htm](http://www.upei.ca/cidd/Diseases/urogenital%20disorders/urolithiasis.htm)

The trait for high urate excretion is autosomal recessive in the Dalmatian. The gene pair responsible is genetically linked to the gene pair responsible for the absence of white hairs in the spots, so that selection for sharply delineated black spots may have accidentally also resulted in selection for high urate excretion.