

## FERRUM IODATUM

DR. A. H. GRIMMER, M.D.

This is a wide deep-acting remedy corresponding to many forms of chronic disease.

The blood and glandular systems are markedly affected, especially the thyroid gland, the liver and spleen. All present many symptoms and pathologic changes, such as inflammation and enlargement with drastic disfunction of these organs.

The respiratory system is another center influenced greatly by this drug; even tubercular complaints have been cured with it.

Enlargement of spleen and liver as a result of the combined effects of malaria and suppression by Quinine, have yielded to the curative power of this remedy.

Cancerous tumour of the breast, exophthalmic goiter, scrofulous inflammation of the eyes, ovarian dropsy, kidney affections, periostitis, pneumonia, gonorrhoea and scoliosis are pathologic conditions listed as cured by Clarke in *The Dictionary of Materia Medica*.

From this we see that the female genital organs are another center for which this remedy has a strong affinity.

Clarke states that *Ferrum iodatum* corresponds more particularly to scrofulous affections which, translated into more modern terms, is the tubercular diathesis. This inherited toxin is present today in a large number of sick people suffering from many forms of chronic disease with an underlying inherited tubercular condition. It is very subtle, only discernible by means of the electronic blood tests.

Some day our allopathic friends will come up with a tubercular virus, something not yet found; but *Ferrum iodatum* does, in a most decided way, correspond to the drastic forms of tuberculosis and malignant types of blood and gland diseases which become more prevalent with each passing year.

Our provings are fragmentary and inadequate for successful prescribing, but there are some peculiar symptoms and con-

ditions garnered from clinical observations that are suggestive for possible curative use: Headache with confused sensation and heaviness worse in a warm room, by smoking, wearing hats, reading, writing, motion; better in open air, sitting. Standing in a draught produces a sharp pain from below the eye up through the head to the vertex; cutting from the bridge of the nose through the occiput.

Purulent inflammation of eyes and photophobia; glands swollen; exophthalmus after suppressed menses; trachoma; painful lancination in eyes and ears.

Nose stopped, freer toward noon; thickened nose of scrofula; nose swollen with ulcers and crusts; profuse discharge of mucous from nose and frequent expectoration of mucous from larynx and trachea. Chronic nasal catarrh becomes worse; roaring in the ears. Discharge usually in the mornings now lasts all day. Blowing nose gives no relief, discharge thick, yellow or green.

Taste metallic, bitter, flat, insipid, inky, pasty, sharp, biting, bad in the morning, like peppermint. Tongue thick yellow coat. Burning of tongue and mouth, mucous membranes of mouth and throat uniform or dotted with fine, dense, bright red, papular eruption. Burning pain and prickling and swelling of mucous membrane. Dryness of mouth and throat. Violent tickling and scraping in throat with a sensation as though he would suffocate. Hawking of mucous and cough; rattling of mucous. Food seems to come up to throat as if it had not been swallowed. No appetite, no relish for smoking. Great thirst; sour bitter taste rising from stomach. Rising up in throat of greasy, acrid, stinging taste. Eructations, nausea and vomiting.

Tenderness at epigastrium and at the same time prickling in back over spine directly behind epigastrium. Fullness, even after a little food, as if she had eaten too much; a sort of upward pressure; stuffed feeling, as if she could not lean forward. Stomach full of wind, every breath gives pain as from a weight in epigastrium. On rising, or at night when turning in bed, heart beats violently, with pains in epigastrium or lower end of sternum. Dull pain under short ribs; abdomen swol-

len; bloated after food or drink; pushed up; food soon satisfies; rumbling with slight colic before stool. Abdomen when pressed feels like a rubber ball. Feeling as of a cord connecting anus and navel with cutting pain on straightening up from bent position.

Abdominal walls numb; if pinched feels sore long after. Inguinal pain extending across hypogastrum; sides feel stiff as if after a strain. Feeling in sides, low down, as if needles were pricking her, worse rising or walking.

Bowels constipated for a week, then stools loose; may have two movements, first costive, second sudden and loose; pain as from constriction of anus on passage of feces through it. Thin, light-yellow stools preceded by griping; small hard stool with sticking and pain as from constriction in anus; constriction as if worms were in anus, stool easy and painless.

Peculiar feeling in rectum and anus as if something twisted and turned about in a circle and something like drops of water flowed down and as if a screw were boring upward and downward. Urging to stool with much pain in abdomen; drawing from above navel down right side, followed by small, yellowish-brown, somewhat hard stool in the morning. Frequent ineffectual urging to stool.

Pain in both kidneys, especially left; feeling in the fossa navicularis as if water remained in it and could not be forced out any farther in the morning. Urine dark-coloured depositing thick white sediment; urine scalds; frequent profuse emission of light-coloured urine having a sweetish smell and slightly milky sediment. Albuminuria with edema in hard drinkers.

Male sexual organs: Erections at night, with violent pain and burning in urethra; unable to urinate; tenesmus in neck of bladder. Prickling itching in urethra, especially the forepart, with frequent urging to urinate but very little flow; crawling-tickling in urethra and rectum.

Female sexual organs: Hysterical attacks, great debility, leucorrhoea, anorexia, finally dropsy of right ovary. Menses scanty preceded by pain in right breast and followed by profuse leucorrhoea. Three weeks after beginning treatment, sudden loss of consciousness and discharge of two quarts of

yellowish fluid from vagina, after which swelling subsided and health was entirely restored. Constant bearing down as if something was coming away; when sitting feels as if pushing something up. Retroversion uteri; sensation of pressure and protrusion of rectum on standing. Prolapse, inversion, anti-inversion, amenorrhea, itching; soreness and swelling at vulva and vagina; leucorrhoea like boiled starch; when bowels move the discharge is stringy.

Respiratory organs: Shortness of breath, obliged to take a deep breath, with sensation of oppression of chest, and a pressure beneath sternum; short, hacking cough with yellowish-white and rather thick expectoration and at times a pain in chest. Expectoration of greyish-white, rather tenacious mucous drawn in threads.

Hemoptysis. Sudden, sharp, sticking pain extending from left nipple outward to arm, worse by pressure, frequently returning during afternoon and evening. Scirrhus tumor near right nipple, small and painless at first, increasing with sharp lancinating pains from breast to axilla, sensitive to touch (cured). Many symptoms involving heart are found under this remedy.

Running upstairs causes violent palpitation and pain on top of head. Heart beat so violently it awoke her from sleep, throbbing all over. Heart beats quickly and seems to force the blood violently through the whole body. Blood vessels throb all over even when quiet.

The sides of the neck are sore when touched or on moving. Small of back as if broken, felt only at night as if lying in a cramped position. Dull pains on each side about six inches above kidneys, extending through chest. Painful sensation in back and kidneys and lower portion of spine starting from lumbar vertebra. In all the limbs there is weakness and bruised sensation with aversion to moving about; periostitis of fingers and toes. Painful drawings in tendons of back of right hand and left foot. Rheumatic bruised, paralyzed feeling in right upper arm and shoulder; right arm weary and as if paralyzed. Has to stop working in the evening because of pain. Rheumatic pain extending upward from back of foot to pelvis in the even-

ing; right tibia painful. On the skin there is short-lasting eruption like urticaria; eczema and lichen.

The sleep is restless with frequent waking, many dreams of long past events, easy erections. Frequent waking with excessive urging to stool and pain on micturition. Dreams of thieves and fighting with them. Dreams that he has grown very large, thirty feet high, and everything about is small and short. Frequent starting in sleep and waking with a feeling as though paralyzed. Coldness in a warm room about noon; heat 3 to 4 P.M.

The scope and range and pace of action of this remedy with its tendency to produce pathologic changes in the economy and its marked affinity to act on important vital organs and centers stamp it as a curative agent of great value.

Because of all these features, which are shown with even the meager provings that have been made, a sufficient interest should be awakened in the homœopathic profession to make a more thorough and more complete proving of this powerful curative agent and in that way give us a finished implement for the cure of cases of chronic sickness which this medicine alone is destined by law to subdue.

#### DISCUSSION

Dr. Donald G. Gladish [Glenview, Illinois]: I don't know much about this remedy myself, but recently I had a very startling experience with it. I had an old patient who came in to me in very bad shape. I had seen her once years ago, and then hadn't seen her for years. She had developed high blood pressure, and diabetes and old age and various other chronic troubles.

Someone suggested that she wasn't getting anywhere with her usual treatment. She had better come back and see a homœopath. She came back to me. She was so bad I thought: "I will do what I can, take a blood sample and see what Dr. Grimmer can do."

She really was in a very sad situation with blood pressure around 200/105 and moderate diabetes she had had for the last seven or eight years. She had been taking insulin for it. The

diet wasn't sufficient. I don't remember offhand what I gave her that first day. I told her to come back next week and sent the specimen to Dr. Grimmer, and he found *Ferrum iodatum* her remedy. So I gave it to her, and told her to stop the insulin and stop all the other medications and come back in a week. She came back in a week, and she said she almost died the first two days, but after that she was fine. She was really feeling recovered, and her blood pressure had dropped down about 20 points. She still was having sugar in the urine, but she was eating. She was sleeping and she was feeling very comfortable.

Since then she has continued to improve so it is evidently a valuable remedy for a wide variety of things. [Applause]

Dr. F. K. Bellokossy [Denver, Colorado]: I would add to this beautiful paper that *Ferrum iodatum* is a great remedy to finish the acute diseases of colds, of virus infection colds. It is resorbant as other iodide salts are resorbants.

—*The Homœopathic Recorder*, Jan.-Mar., '58.

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### NEW REMEDIES

(Contd. from Page 72)

period, developed symptoms. While taking the substance, 16 provers developed definite symptoms, nearly all of a sort none of the provers could remember ever having had before; 5 stayed symptom free throughout the whole period. Symptoms appeared after varying lengths of time, from one day to three weeks; came and went again in some provers; stayed continually only in one prover who developed a whole symptom picture.

(To be continued)

—*Jourl. of the Am. Inst. of Homœopathy*, Mar.-Apl., '58.

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